



NOVEMBER 2023 CONNECTIONS

Welcome to the Planned Parenthood of Greater Texas monthly newsletter. As a member of our community, we would like to share the latest updates on the work at Planned Parenthood. We have also included important action alerts and upcoming events.

TRANSGENDER HEALTHCARE

Because of our community of supporters, Planned Parenthood of Greater Texas is proud to be a trusted resource for transgender patients on the spectrum of gender identity and expression for their sexual healthcare needs. 28 percent of transgender patients postpone or avoid needed medical care when they are sick or injured due to stigma, disrespect, or discrimination. Planned Parenthood is committed to judgment-free healthcare, expanding access and eliminating barriers for transgender Texans. Thank you for your support as we celebrate transgender health and awareness month and thank you for entrusting care to Planned Parenthood.



TAKE ACTION: UPCOMING ELECTION

Texans will decide the fate of 14 constitutional amendments on November 7th. There are timely issues in this election, and it is always incredibly important to make our voices heard! Pledge to vote and urge friends and family to get to the polls this election.

- Early Voting: October 23rd through November 3
- Election Day: November 7

**GET INVOLVED,
TAKE ACTION**

WITH PLANNED PARENTHOOD OF GREATER TEXAS

A MONTHLY ACTION NETWORK UPDATE

EDUCATION: TRANSGENDER AWARENESS MONTH: HONORING A RESILIENT PAST, PRESENT, AND FUTURE

Transgender people have always been part of the fabric of our society, contributing to our world in countless ways. Despite facing significant challenges and disparities in healthcare and beyond, they have shown resilience and courage. At Planned Parenthood of Greater Texas, we believe that education is vital to addressing these disparities. Our mission is to provide comprehensive, inclusive sexual health education that respects and reflects the experiences of all individuals, including those who are transgender and gender non-conforming.

Our education programs are designed to foster understanding, respect, and empathy for the unique experiences of the transgender community. All our health education workshops are trans-inclusive and our community health education team serves trans people in all programs and through community partnerships with LGBTQ+ organizations.

GIVING TUESDAY WEST TEXAS

This year Planned Parenthood of Greater Texas celebrates 3 years in Lubbock, doing what we do best –caring for one another!

Giving Tuesday West Texas is Tuesday, November 28, and early giving opens on November 1.

Support essential healthcare. Strengthen West Texas. Stand with Planned Parenthood – no matter what. Your gift will change lives!

#GIVINGTUESDAYWTX

A NEWS CONNECTION

BRINGING AWARENESS TO INCREASING STI RATES

Young people between the ages of 15-24 account for half of the 26 million new sexually transmitted infections (STIs) every year. To tackle Texas' high STI rates, Planned Parenthood provides same day and next day appointments. Miranda Aguirre, Health Center Manager for Planned Parenthood in El Paso, notes that prevention is key, and because of the support of our community, STI testing and treatment is at low to no-cost for care.

Transgender Health and Awareness Month

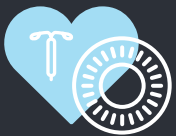
With your support, we offer sexual healthcare and Gender Affirming Hormone Therapy for transgender patients. Appointments provided include Transgender Female (MTF) Hormone Therapy including estrogen and spironolactone and Transgender Male (FTM) Hormone Therapy including testosterone. **Because y'all means all. All are welcome here.**

100% 3,243

Planned Parenthood health center staff trained to provide inclusive healthcare and education with LGBTQ+ patients.

In 2022, 3,243 hormone therapy appointments provided at Planned Parenthood of Greater Texas health centers.

Our most common services provided are:



Birth control to help patients plan and space their pregnancies.



Testing and treatment for STIs, HIV tests, and PrEP and PEP.



Lifesaving breast and cervical cancer screenings.



WAYS TO GIVE

Let us continue supporting high-quality healthcare services and sex education programs. Please get in touch with us today at development@ppgt.org or 214-254-3017 to learn how a legacy gift to Planned Parenthood can ensure commitment to high-quality care for all continues for generations ahead.

With your gift to Planned Parenthood, our community benefits from:

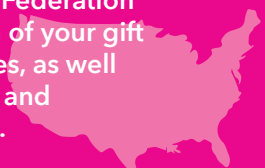
- Reducing barriers to healthcare for transgender patients
- Preventative healthcare and education through wellness exams
- Access to birth control, now more important than ever

What's the difference between giving to Planned Parenthood of Greater Texas and Planned Parenthood Federation of America?

When you donate directly to Planned Parenthood of Greater Texas, 100% of your gift supports local healthcare and sex education services across Central, East, North, and West Texas.



When you donate to the Planned Parenthood Federation of America, a portion of your gift supports local services, as well as national advocacy and sex education efforts.



If you have a question, want to learn more, or want to get involved, please get in touch with the Development Office at (214) 254-3017 or development@ppgt.org.

