Community-Based Sex Ed

Each package contains 3 workshops and is $600. Book two or more packages and receive a $100 discount! Workshops are 45-60 min, each with a student to facilitator ratio of no more than 30:1.

Package A: The Basics

Intro to Sexuality Education
Explanation of values, culture, and understanding of sexuality as more than just the act of s-e-x.

Reproductive Anatomy
Internal and external organs and how they work. Processes such as menstruation, ovulation, and ejaculation explained.

LGBTQ+ Beyond the Binary
Difference between sex, gender, identity, expression, and attraction. Allyship & resources.

Package B: Safer Sex

Pregnancy & Childbirth
How pregnancy occurs, fetal development, childbirth stages, basics of pregnancy prevention.

Birth Control
20 options including abstinence, hormonal & barrier methods, and lifestyle choices.

Sexually Transmitted Infections
Types, transmission, symptoms, prevention, treatment, and destigmatization of STIs (aka STDs).

Package C: Relationships

Healthy Relationships
Characteristics of supportive relationships, red & green flags, teen dating violence.

Consent & Communication
What is and is not consent, how to ask for it, how to set boundaries, and the laws in NJ.

Internet Literacy & Safety
Social media, pornography, and sexting and their impact on sexual development.

Package D: Reproductive Rights

Pregnancy Options
Four options for unintended pregnancies, including abortion, and destigmatizing young parents.

Abortion Access and NJ Law
The landscape of abortion laws across the country, focusing on resources for people seeking abortions in NJ.

Reproductive Justice: Beyond Rights & Choice
Explanation of the human rights-based RJ framework, including a brief history of the reproductive rights movement and examples of reproductive oppression.

Interested in switching it up? Ask about mix and match!

To book a workshop series, call 973-622-3900 ext 1221 or email us at sex.education@ppmnj.org

www.ppmnj.org