



Visit Instructions: Hormonal Implant Insertion

- **If you are using a hormonal birth control method like** Pills, Patch, Ring or Depo-Provera ("The Shot"), please make sure to continue to use it until your Implant insertion
- **If you do not use a hormonal method:** Please abstain from unprotected intercourse from the time your menstrual period starts until the Implant insertion or abstain from intercourse for two weeks prior to your Implant appointment.

For Your Visit:

- Remember to bring a valid photo ID.
- Bring in your Medi-Cal, CenCal, Gold Coast, FamilyPACT, or insurance card at the time of your visit
- Payment is expected at time of service. We accept credit cards as long as the cardholder is present and has a valid photo ID. We do not accept checks or American Express.
- For their comfort and safety we ask that you not bring children. If you bring a child they must be accompanied by an adult (at least 18 years old) at all times in the reception area. Children are not allowed in exam rooms.
- If you are running late, call us at 888-898-3806, so that we can provide you with your options for the day. If you are late, we do reserve the right to reschedule.
- Please let us know 24 hours in advance if you need to cancel or reschedule your appointment.