he Full Mar Monte supporters



Participating in California's Sept. 14 recall election And SCOTUS update

LETTER FROM THE CEO

Hello Friends,

surge, the devastating abortion ban just enacted in Texas, and the wildfires that have raged through parts of California and Nevada. I hope you and your loved ones are safe!

doors.

Wade irrelevant for millions of people.

I want to thank our Chief Medical Officer Dr. Laura Dalton for her calm and inspired leadership as we continue to face down the virus as well as our dedicated staff for continuing to help patients who need us so much - and our stalwart supporters who make our health services and education programs possible.

This has been another extremely stressful month, being pummeled by the Delta variant

Meanwhile, in the middle of all of this, California has a recall election coming up on September 14, a time when we're not accustomed to voting. Though Planned Parenthood Mar Monte has no position on the election, I urge you send in the ballot that has been mailed to you and make your voice heard.

If you have any questions about how the recall election works, feel free to consult the web site run by PPMM's 501(c)(4) political and advocacy organization, Planned Parenthood Advocates Mar Monte (PPAMM). You can find PPAMM here. Also, as you know, we have been bracing for the start of the next U.S. Supreme Court session this fall. Two cases with a cataclysmic effect on reproductive rights for millions of Americans are coming before the Court's new 6-3 extreme conservative majority.

One case that has dominated the news in recent days and which I told you about in last month's Full Mar Monte, is a challenge to a draconian abortion ban in Texas, Senate Bill 8 (SB 8.) As you know, the Supreme Court declined a request from Texas abortion

providers, including Planned Parenthood, to block the law, and it went into effect September 1. Texas SB 8 does not just ban abortion after only six weeks, but it allows anyone from any state - including complete strangers, such as anti-abortion protesters in other states- to sue anyone in Texas who provides or intends to provide an abortion after six weeks.

This law attempts to elude legal challenges to enforcement by public officials and, instead, makes private citizens responsible for enforcement. It is expressly designed to intimidate medical staff at health centers so that abortion providers will close their

The other case is from Mississippi, Dobbs v. Jackson Women's Health Organization, regarding a state ban on abortions after 15 weeks, and it is a direct challenge to Roe v. Wade. This test case, to determine the constitutionality of all state laws that ban abortion before viability, is potentially even more threatening to reproductive rights than the Texas case because Texas SB8 has a greater possibility of eventually being Though one of the most conservative U.S. appeals courts in the country blocked the Mississippi law, the Supreme Court has agreed to hear it. If the Court upholds either of

these laws, similar ones would likely be adopted in at least 23 states - rendering Roe v.

We will keep you informed about these legal challenges and how you can join efforts to support people in other states who may have their access to safe, legal abortion all but eliminated. Thank you for standing with us as we continue to help our communities through this historic public health crisis and as we fight to protect reproductive rights in this forbidding national climate. We couldn't do it without you.

With deep gratitude,

PPMM partnership with FreeWill helps create important legacy gifts A message from our Development Department August is National Make-a-Will Month, a perfect moment to plan for

vision for the future.

generations to come.

Don't Take Away Our Care.

that will last beyond our lifetimes - and we need all hands on deck. Here are 3 ways you can leave a legacy that fights back: 1. Include Planned Parenthood Mar Monte in your will or trust in as little as one sentence:*

I give, devise and bequeath to **Planned Parenthood Mar** Monte Tax ID #94-1583439, now or formerly located at 1691 The Alameda, San Jose, CA 95126, or its successor thereto, [insert dollar amount, percentage, or description of

property] for the benefit of its general purposes.

For more information, or if you'd like to discuss your legacy giving plans with a Planned Parenthood Mar Monte representative, please

visit ppmarmonte.org or contact us directly at legacy@ppmarmonte.org or 916-325-1705.

your future - and create a legacy that upholds your values.

Did you know that nearly 70% of American adults don't have a will?

It can seem unsettling or complicated to create one, but it's the

At Planned Parenthood Mar Monte, legacy gifts help ensure that we're there when patients need us - today, tomorrow, and for

As you know, we're facing the most chilling threats to sexual and reproductive health in decades. We have a long fight ahead - one

best way to protect what matters most to you and secure your

Join the fight. 2. Take advantage of our partnership with FreeWill and make your Forever. will online, for free, in 20 minutes or less at ppmarmonte.org/ legacy. 3. Contact us about other ways to give, including through your retirement accounts, life insurance plans, IRA qualified charitable distributions, or gift annuities.

The Big Picture

PPMM Public Affairs explains the Sept. 14 California Recall Election Voting now is also a great way to celebrate 110 years of women's right to vote in the Golden State!

1) October 10, 2021 marks 110 years since California women won the right to vote - nine years before the 19th Amendment secured voting rights for women throughout the country. Let that be your inspiration to vote now and send in your ballot for the recall election by 2) As a 501(c)(3) non-profit organization, Planned Parenthood Mar Monte has no position on the

Today and every day through September 14, California voters have an opportunity to honor those who worked so hard to secure voting rights for most people. Check you voter status or register online through August 30 at voterstatus.sos.ca.gov

people know how the recall election works.

Here are a couple of things that our Public Affairs team wants you to know if you haven't yet sent in your ballot for the

California recall election about whether or not to immediately

remove the Governor from office:

the Sept. 14 deadline!

businesses.

2022 General Election.

Since the beginning of this year, PPMM

PPMM services in the Central Valley, May 2021, from Capital Dinner

fundraiser

fundraiser 3:30 min./sec.

4:30 min./sec.

has produced a series of short (1-3 min.)

videos, highlighting the ways we serve our

ballottrax.net/voter. About the Recall Election: There has been only one successful recall of a Governor in California history. That was in 2003 when voters recalled Democratic Gov. Gray Davis and replaced him with Republican Gov. Arnold Schwarzenegger. This 2021 recall effort was launched by a group of people with various goals outlined in their

If you have further questions about the recall, you can get more information from the Planned Parenthood Advocates Mar Monte website at ppamm.org.

PPMM videos on a screen near you!

Some of these videos have premiered at

Development team, and they have been

major fundraising events presented by the

If 50%+ voters vote YES, the Governor is removed from office and the candidate who receives the most votes in Question 2 will serve as Governor until a new Governor is elected in the November

Janessa Schmidbauer

There are only two questions on the ballot: Q1: Asks if Gavin Newsom should be recalled from office. • A YES vote is to remove Newsom from office. • A NO vote is for Newsom to stay in office. Q2: Asks voters to select one candidate to succeed Gov. Newsom if he is recalled. Select from a list of 46 candidates or leave blank. If 50%+ vote NO, the Governor continues until the 2022 Primary/General election.

outcome of the election, but wants to make sure that everyone who is eligible to vote has a chance to participate and make their voice heard. Our Public Affairs team has been letting

California is leading the country to make it easier than ever to vote by mailing ballots to every registered voter. You can vote by mail, at a ballot drop box, or in-person. You can track your ballot and receive texts for when it is mailed, received and counted by registering at california.

petition including the current Governor's support for undocumented immigrants, his moratorium

on the death penalty, water rationing, California taxes, and the Governor's response to the COVID-19 pandemic - specifically the shelter-in-place orders and closure of schools and

communities. They show the amazing work posted on our social media channels. Some the affiliate has done, from responding to have also been shared with California state the pandemic to establishing gender affirming legislators. care to providing abortion care in regions that are "abortion deserts." We encourage you to check them out, too – and feel free to share them on your personal social media.

legislators in April, 2021) 1:30 min./sec.

Fresno Clinician Dr. Danielle

Harik, discussing how her family

medicine patients have benefitted

from telehealth (sent to California

COVID Response video, Monterey County, Febuary - March 2021



Mountain View health center,

from March 2021 Peninsula Breakfast

HSS staff how to show patients the correct way to give themselves hormone injections. Meanwhile, staff in all of our health centers as well as those in the Response Center, the Regional Reproductive Health Coordinator team, template specialists, PPMM

can get it right where they live!"

care system.

centers on aspects of GAC, including demonstrating for

Education, the Creative team, and others also played a

role in bringing our patients the gender affirming care

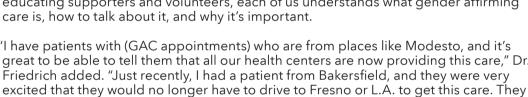
Every staff member is also taking PPMM's gender

equity throughout the communities we serve.

they deserve - care that often isn't available in the health

happen. It's been amazing."





This is the kind of patient care that makes PPMM a leader in establishing health care

In this space, we spotlight health center staff members who have been mentioned

MMCC clinician listens for patients' "complete story"

by name in patient surveys for delivering a fantastic patient experience.

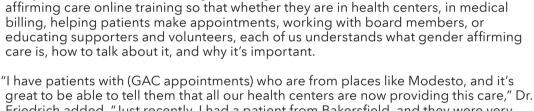
understand the big picture when patients come in for an appointment.



Maureen, young former birth control

patient, NV, from FY21 Impact Report

1 min.





Two health services specialists at the

showing GAC patients how to self-inject

gender affirming hormone therapy (GAHT)

Sacramento health center practice

ar Monte

Clinician Christine S.

Community Clinic

Planned Parenthood

PPMM's COVID-19 Response, from

March 2021 Peninsula Breakfast

fundraiser; 3:42 min./sec.

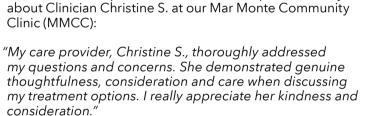
Dr. Cassy Friedrich, Gender

1 min.

Affirming Care, from FY21 Impact

Bernadine, former abortion patient,

Santa Cruz, from FY21 Impact Report



Here is what one person wrote in a recent patient survey

Being Memorable

whether it's an ectopic pregnancy or invasive cancer. She helps people find hospital treatment they need, makes appointments with specialists in the community, and she connects uninsured and underinsured patients with public programs to cover their treatment costs. That has never been more important than during the days of COVID. Recently, Bianca helped a woman who had breast screening at a PPMM health center and was then referred out for diagnostic testing, including a

FROM THE EDUCATION DESK

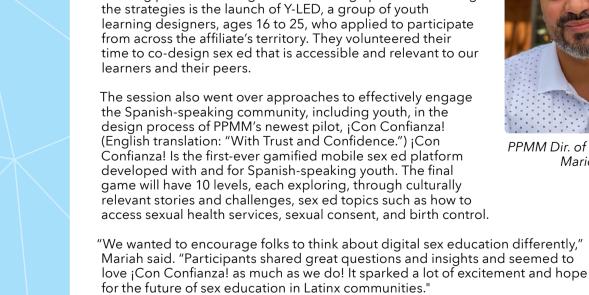
From discussing the design of PPMM's pioneering gamified mobile sex ed platform to organizing engaging workshops that featured speakers with a deeply diverse range of perspectives and experience, the PPMM Education team brought their A game to the Planned Parenthood Education

the first time in the history of the DWDW conference.

"My role was to build a workshop line-up that could connect to a national audience of education staff, virtually," Mario said. "I wanted to use this opportunity to influence and create a space where we welcomed a wide variety of speakers with

Bianca O.

These are stories about how our amazing staff is caring for the community during the COVID-19 pandemic. You can read more on the PPMM blog at **ppmarmonte.org/blog**. Guiding patients through the health care system during COVID As a member of PPMM's Regional Reproductive Health Coordinator team, Bianca O. is accustomed to navigating the health care system for overwhelmed patients who have just received a life-changing diagnosis,



was just as diverse."

my tia or grandmother, speak in her own language to a national audience about her experience," he said. "She spoke with no fear of judgment and with the confidence of speaking to her community. "It was right there that I knew we had done our part to create a special experience. My heart was bursting full of emotion and pride listening to her speak. I knew my mom would be proud."

CA telehealth funding bill was long overdue (op-ed by PPMM Fresno Public Affairs Dir. Socorro Santillan)

different backgrounds, titles, experience, and years with PP to make presentations on a national stage to an audience that Digital Learning Manager One of these amazing workshops was led by two other Violeta G. members of PPMM Education, Digital Learning Designer Mariah C. (she, her, ella) and Digital Learning Manager Violeta G. (she, her, ella). They had almost 60 PP educators from all over the country attend their virtual presentation! Mariah and Violeta shared their community-centered approach to designing engaging and interactive digital learning products through inclusive design practices. Among

PPMM Dir. of Partnerships

Mario A.

This past year was a challenging

work to serve our communities

- Donor from Emeryville/Alameda

with compassionate and non-

one and we recognize that

you had to shift the way you

judgmental health care.

County

The Mississippi clinic at the center of the fight to end abortion in America

Full Mar Monte: Before we talk more about Delta and the PPMM vaccine mandate, what are the dates that our new COVID-testing and vaccine policy go into effect? Dr. Laura Dalton: Starting August 23, all staff not fully vaccinated are required to arrange for weekly COVID-19 testing with a PCR laboratory test. By September 30, in response to this month's California State Public Health Officer Order, all PPMM staff are required to have their first dose of a one-dose regimen COVID vaccine or their second dose of a two-dose regimen.

Dr. Dalton: Yes. We want to maintain our one affiliate, one approach model. So, all staff members, regardless of the location where they work, must be vaccinated by September 30. We can't be sure there isn't a time when someone may need to

The Delta variant and staff vaccine mandate Q&A with Chief Medical Officer Dr. Laura Dalton Since the Delta variant of the COVID-19 virus has sparked a new, even more dangerous surge of the pandemic this summer, some state departments of public health including California's - have issued requirements that all health care workers be vaccinated. PPMM's Chief Medical Officer Dr. Laura Dalton has held several onscreen Q&A sessions with staff this month to answer questions, and there is a link, below, to more COVID information on PPMM's web site. The Full Mar Monte caught up with Dr. Dalton to discuss the latest phase of the pandemic and what the vaccine mandate means for

COVID vaccine information on PPMM website

"My approach to patient care is to listen to each patient attentively and try to understand how I can approach their care holistically," she said. "It is important to me to make a connection with them and hear what's happening in their life, the complete story, so that I know how best to care for them." Christine said it's not unusual for a patient to come in for a specific service, such as birth control, and to also discuss other health concerns. If someone, for example, mentions they also have stomach pain or they're experiencing a lot of" stress about something else in their lives, I always make sure they know what other services we provide, what next steps they can take, and guide them to other resources that may be helpful. When patients see that you're really listening, that's when they feel most comfortable in telling you what's going on and what they need." COVIDCare

biopsy, which revealed breast cancer.

program that would cover most of her costs."

"This patient had lost her job due to the pandemic and was scraping by

on her savings," Bianca said. "She relied on me to set up treatments and consults for her (at an excellent nearby hospital), and I helped her get on a

The patient speaks Spanish only, and Bianca, who is bi-lingual, was able to be her point person for every stage of her breast cancer treatment process.

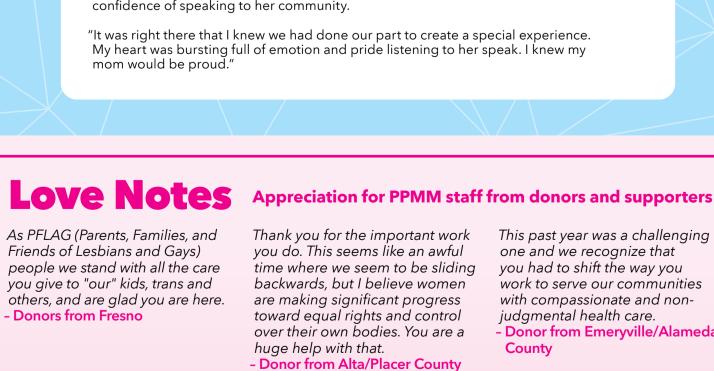
"The health care system is so confusing for anyone to get through, and doing it during times like these is even more stressful," Bianca said. "I'm just really glad I could be there for her, that I could call her and say, 'There's a program that can help you, and I'll help you enroll right now. You will be covered.

For Clinician Christine S. at the Mar Monte Community Clinic in Silicon Valley, it is important to

"Drawing Water from a Deeper Well" (DWDW) national conference. Usually, a different PP affiliate hosts the conference each year, and staff from Planned Parenthood Education departments travel to that city for a week to connect and attend workshops about the exciting work we're doing. Because of the pandemic, this year's conference was held virtually, which had the advantage of making it much easier for more people to participate. The conference was the result of an incredible collaborative Digital Learning Designer effort between the DWDW Planning Committee, PPFA Mariah C. Education, and the board of the Association of Planned Parenthood Leaders in Education (APPLE). That included PPMM Education's own Director of Partnerships Mario A. (he, him, his) who co-led the Workshop Committee. Each of the 19 workshops was presented with English and Spanish translations in close-captioning. Mario was especially proud that three workshops were presented entirely in Spanish - for

"Drawing Water from a Deeper Well" 2021

PPMM Education team shines at PP's virtual national conference



Good Reads

August 10, Vida en el Valle, Fresno

August 25, Washington Post

everyone who works at our affiliate.

mandate for health care workers?

during the 18 months of this pandemic.

Another abortion-access crisis looms in Texas

August 19, Jezebel

Thank you for the important work you do. This seems like an awful time where we seem to be sliding backwards, but I believe women are making significant progress toward equal rights and control over their own bodies. You are a

PPMM Education played such a memorable role in helping to make the DWDW virtual conference a success. Mario said his favorite memory from the event was

"The moment I'm most proud of was sitting in one of the three workshops presented in Spanish and listening to a promotora, who could've easily been

watching one particular workshop that he helped to set up.

FMM: Are all staff members required to get the COVID vaccine even if they don't work in health centers or if they work in Nevada, which doesn't have a state-ordered

along with the health and safety of our patients I'm so inspired by the amazing work all of our staff has done to keep our patients and communities safe

FMM: Do you think it's likely that all vaccinated adults will be strongly encouraged to get a booster shot eight months after they were first vaccinated? Dr. Dalton: Yes, I anticipate a recommendation for all adults to receive a booster. New emerging evidence suggests waning immunity against the Delta variant, with much stronger protection after receiving a booster. If not enough people are vaccinated, we need to consider what happens as this virus keeps changing, possibly rendering the current vaccines useless. It's impossible to overstate how important it is that many more people get vaccinated as soon as possible. FMM: Is there anything else you want everyone to know about PPMM's latest response to the pandemic? Dr. Dalton: I want to be sure that everyone has their questions answered and that they understand their health and safety is, as always, the top concern -

come on-site to deal with an issue. In order to comply with local regulations, we are requiring all staff to get the vaccine, even if you work remotely from home. This also applies to the weekly testing requirement. FMM: Ok, let's talk a little about the Delta variant of the COVID virus. What does it mean in terms of the path the pandemic has taken this summer? Dr. Dalton: The Delta variant is so much more contagious than the first strain of COVID in 2020 that it's almost like we're in a new pandemic. Otherwise healthy people in their thirties and forties are dying. More than 1,000 people a day are dying in this country alone. Breakthrough cases - when vaccinated people get COVID - are also happening more often. We believe about 25% of new cases are breakthrough. So far, it's very unlikely that vaccinated people who get the virus will end up in the hospital, but they can still spread COVID to others. This is a very serious situation.

Support your local Planned Parenthood today! DONATE >