IN A YEAR OF CHANGE, WE WERE PERSISTENT.

LETTER FROM THE PRESIDENT & CEO

In this space a year ago, I said that reproductive freedom was in its most dire state since 1973. While vowing “no matter what happens in Kansas,” we have continued providing health care and trusting our patients to make their own medical decisions. That’s the basis of our clear and simple motto, “Care: no matter what.” When we say that, we mean it. We meet every patient with compassionate, expert reproductive and sexual health care, free of shame and stigma.

At Planned Parenthood Great Plains (PPGP) this past year, our motto has taken on a new meaning. We’ve remained dedicated and persistent – seeking new ways to increase access to our safe, essential care, no matter what barriers get in the way.

In the first statewide vote following the Dobbs decision, Kansans affirmed their right to abortion on August 2. It brought relief amid an ongoing attack on reproductive freedoms across our region and country. It also renewed hope. In the immediate aftermath of Texas’ near-total ban in September 2021, we had all opened our hearts and stretched our collective capacity to accommodate more patients from Texas than any other Planned Parenthood affiliate. Then many of us soon had our own rights taken away.

This work – and the courage both patients and providers showed in sharing their stories publicly – helped open the eyes of the nation and the world to the cruel and dangerous effects of abortion bans.

While we at PPGP showed up for patients and witnessed a man-made public health crisis, the organization’s advocacy arm, Planned Parenthood Great Plains Votes (PPGPV), took action! PPGPV joined forces with a savvy coalition, Kansans for Constitutional Freedom (KCF). The coalition’s grassroots organizing and disciplined messaging strategy led to a landslide victory for abortion rights.

Enclosed we update you on what we’re doing to increase access to abortion and other essential health care, and our efforts to grow a more sustainable, cohesive, regional health system. The education, community relations, and advocacy work featured within is creating momentum for healthier and more equitable communities across each of the four states we serve.

After a year that dealt many shocks and setbacks, we are still here for patients – and your persistent support keeps that possible. Thank you!

Sincerely,

EMILY WALES

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LETTING PATIENTS KNOW WE ARE STILL HERE.

CARE BY THE NUMBERS

We continue to learn and adapt to ever-changing rules and regulations across our affiliate. The past year brought new restrictions, but more patients accessed our inclusive, comprehensive sexual and reproductive health care for a wide range of needs.

PATIENT DATA

<table>
<thead>
<tr>
<th>Service</th>
<th>Total Visits or Patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Visits from</td>
<td></td>
</tr>
<tr>
<td>July 2021-June 2022</td>
<td>51,344</td>
</tr>
<tr>
<td>Total Visits from</td>
<td></td>
</tr>
<tr>
<td>July 2020-June 2021</td>
<td>45,985</td>
</tr>
<tr>
<td>Total Patients from</td>
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<tr>
<td>July 2021-June 2022</td>
<td>34,245</td>
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<tr>
<td>Total Patients from</td>
<td></td>
</tr>
<tr>
<td>July 2020-June 2021</td>
<td>30,377</td>
</tr>
</tbody>
</table>

- Breast Exams: 3,004
- Men’s Health: 4,110
- Gender-Affirming Care: 2,618
- STI Tests: 34,163
- Pregnancy Tests: 9,797
- Contraception: 21,246
- PAP Tests: 1,997
- Medication Abortion: 8,068
- Surgical Abortion: 3,030
- Telehealth Visits: 3,931
- Teen Health: 2,556

10.5% increase in total visits over the last year
11.3% increase in total patients over prior year
“I couldn’t be more proud of the impact we’ve had during a very grim chapter in the struggle for reproductive rights and bodily autonomy. **BUT I’M EVEN MORE ENERGIZED BY HOW WE ARE MEETING THE PRESENT MOMENT** – and how our funders and allies have entrusted us with being the key access point for reproductive and sexual health services for many across the Midwest.”

**EMILY WALES**
President & CEO
NEW YEAR, NEW CARE.

FULL-SPECTRUM REPRODUCTIVE HEALTH CARE

The Peoria Avenue health center in Tulsa was renovated and reopened in 2020, just before Texas’s S.B. 8—a six-week abortion ban—took effect the following year. PPGP refocused surgical capacity at Tulsa’s state-of-the-art facility to meet overwhelming need, as we saw more Texans than ever before desperate for care until Oklahoma implemented its own total abortion ban in May 2022.

With two brand new surgical suites now vacant, the Tulsa center became the ideal PPGP facility to pilot vasectomy services, which has been long-considered, rounding out our full range of contraception services.

Abortion is now banned in Oklahoma, but staff have undergone the required clinical training and gained the experience to begin offering vasectomy procedures.

“Offering full-spectrum reproductive and sexual health care means providing people with the means to be safe and healthy while living free to love however, and whomever they choose within the bounds of consent. Restoring access to this important family planning option in Tulsa means we can once again help anyone who has testes do so without causing an unintended pregnancy.”

DR. JOSHUA YAP

GREATER THAN 99% EFFECTIVE, A VASECTOMY IS A PERMANENT, NON-REVERSIBLE FORM OF CONTRACEPTION FOR PEOPLE WHO HAVE TESTES. IT INVOLVES AN OUTPATIENT MEDICAL PROCEDURE.

1 SINGLE, 3 TO 4 MILLIMETER OPENING IN THE SKIN.
2 EACH VAS DEFERENS LOCATED, CUT, AND CAUTERIZED.
3 NO STITCHES REQUIRED TO CLOSE.

OUR CARE IS REGIONAL

Despite the limited access to reproductive health care in this part of the country, we can confidently say we are a regional health care network with increasing access to comprehensive care: in-person and through the latest patient-centered technology.

OUR CARE IS CLOSER

To bring care closer within reach for Kansans across the state, as well as patients from surrounding states with little or no access to abortion, we will soon open a new health center in southeastern Kansas. At the same time, we are in position to serve more patients with limited access to providers throughout our region, thanks to our recent health center opening in Lawton, Oklahoma.

OUR CARE IS ANYWHERE

We’ve recently implemented Epic—the industry’s gold standard Electronic Medical Records system. Epic allows us to effectively deliver an increasing range of care via telehealth, including gender-affirming care and primary care. The system’s robust “MyChart” patient portal puts more information than ever at patients’ fingertips. This takes our standard of providing care: no matter what and adds an element. Care: anywhere.

OUR CARE IS INCLUSIVE & FLEXIBLE

As we increase flexibility and access through telehealth, this is so much more than a helpful feature for patients and an advanced tool for health care providers. Telehealth visits are directly integrated into the Epic platform—where patients have round-the-clock, remote access to labs and medical records. They can also import records from other providers for continuity, message their provider, and set their own appointments. Epic also features integrated social determinates of health within the patient portal, which allows providers and patients to approach care with mutual understanding about what’s best for each individual.
Assistant Medical Director, Dr. Selina Sandoval, joined PPGP in September 2022, following medical school in Illinois, residency in Kansas City, and fellowship in San Diego. Dr. Sandoval has trained extensively at Planned Parenthood health centers nationwide.

**WHY PLANNED PARENTHOOD GREAT PLAINS?**

While in medical school in Illinois, I first understood the disparities in what reproductive health care patients are offered depending on where they live. This was when I became really interested in family planning. It was also why I started a Medical Students for Choice chapter at my school. After medical school, I did residency in Kansas City, and the facility that I trained at had very restrictive policies around abortion care. Training in that environment made it clear how much the community needed expanded access to full-spectrum reproductive health care.

Before my residency ended, I decided to enter a fellowship program to extensively study abortion care. I also wanted to learn how to train fellow providers, knowing that I ultimately planned to return to Kansas City and serve this community. I’d already signed the contract to come here, but my decision took on new meaning when the Dobbs ruling came out during the final months of my fellowship.

**A DAILY COMMITMENT TO CARE**

It’s apparent how dedicated the PPGP team is to not only our communities, but also surrounding communities, states, and regions. That says a lot, because it’s one thing to care for the community you’re living in, and it’s another thing to show up every day and work hard to serve so many patients from outside our communities — who don’t have other options.

Often, we not only provide expert care, but also serve as the welcoming committee. It’s common for a Reproductive Health Assistant to perform an ultrasound while compassionately helping a patient process the exhaustion and stress of needing to drive 12 hours for their appointment.

Every day, I’m inspired to see how dedicated our team is to caring for so many different people from far and wide. I’m also grateful that we have the resources through things like local abortion funds to help people reach us, and sometimes even remove the cost barrier to lodging. As a physician, I can say it brings such peace of mind any time a patient who needs to can get a proper rest before making a long trip back to their lives and families.

**MAINTAINING THE SKILL SET**

Even before Dobbs paved the way for many states to ban abortion, fewer than half of national residency programs actually offered training for this care. In residency at the University of Kansas, I saw the impact of places like Kansas City having too few providers skilled enough to offer procedures beyond the first trimester. We would have people driving three hours to safely end complicated pregnancies because no one in their community had the training to do so.

Now our community is seeing among the biggest surges for abortion care in the United States. Our patients must make more complicated travel plans to receive care, and wait longer for an available appointment. This makes it crucial for us to train more physicians who can provide this care once it is too late to recommend medication abortion. We work with the Midwest Access Project, as well as the University of Kansas’ residency program, to keep our schedules filled with trainees. Any opportunity we have, we want to have a physician coming in and learning with us.
UPLIFTING & FIGHTING FOR A BETTER FUTURE.

While GOP super-majorities in our states continue to overreach, PPGPV is harnessing the outrage that came after the fall of Roe. These politicians passed a wave of abortion bans last legislative session. This session, they have followed up with attacks on trans youth and their health care providers. But PPGPV is organizing a movement around a belief that full inclusion means respecting the autonomy of those around us. Together with supporters and allied organizations, we continue to build toward a better, healthier, and more equitable future for our communities.

DESPITE CHALLENGING ODDS, RECENT ADVOCACY WINS SHOW OUR PERSISTENCE IS PAYING OFF!

AUGUST 2, 2022
Kansans rejected anti-abortion constitutional amendment

JUNE 24, 2022
Roe Overturned

NOVEMBER 8, 2022
Governor Laura Kelly reelected, defeating anti-abortion opponent

50 SUCCESSFUL MIDTERM CANDIDATE ENDORSED AROUND THE COUNTRY

CONSTITUTIONAL AMENDMENT
32,000+ Doors Knocked
700,000+ Phone Bank Calls
42 Grassroots Campaign Events & Fundraisers
1,000+ Participants

COLLEGE ADVOCACY
8 student fellows
10,000 calls
700+ Doors Knocked

MIDTERM ELECTION
126,000+ phone calls
3,783 texts sent
81 volunteer phone bank hours

Anti-reproductive rights politicians tried for years to send the so-called “Value Them Both” amendment to a vote, ousting less extreme legislators in primary elections in order to put it on the August 2, 2022 referendum. With Roe falling weeks prior to the vote, we had to defeat the amendment to protect the right to abortion in Kansas – not only for Kansans, but for the thousands of patients now being forced from their home states for care.

PPGPV was a founding member of the Kansans for Constitutional Freedom (KCF) coalition, conducted phone banking and other public awareness initiatives, held extensive volunteer canvassing efforts, and hosted a “Donut Take our Rights Away” event in Kansas City to kick off a major get-out-the-vote effort in the campaign’s final days.

The outcome was a resounding 19 point win, for KCF, for Kansas, and for the country. It confirmed that Kansas voters believe and trust patients to make their own medical decisions, sending up a beacon of hope as people across the Midwest and South have been denied that same freedom. For far too many, Kansas remains the only option for access to abortion.

KANSAS ADVOCACY BY THE NUMBERS
WE PERSIST DURING LEGISLATIVE SESSION.

HARMFUL LEGISLATION BY STATE

**KANSAS**

**HB 2264:** requiring physicians to provide false information to patients about the ability to reverse a medication abortion. **VETO OVERRODED**

**HB 2313:** “born alive act,” which further traumatizes parents facing complex medical decisions. **VETO OVERRODED**

**SB 26:** minor gender-affirming care (GAC) ban that exposes doctors to civil lawsuits for providing the medically accepted standard of care. **VETOED**

**SB 180:** “women’s bill of rights” – instead of listing rights, it excludes transgender and intersex individuals from accessing domestic violence shelters and rape crisis centers. **VETO OVERRODED**

**MISSOURI**

**HB 489 & SB 410:** bills which would prohibit higher ed, med schools, and licensing agencies from requiring DEI education, training, and standards. **FAILED**

**SB 39:** banning youth from participating on sports teams that do not correspond to their sex assigned at birth. **SIGNED INTO LAW**

**SB 49:** prohibiting GAC for transgender youth under the age of 18. **SIGNED INTO LAW**

**HB 10 & HB 11:** vote to “defund” Planned Parenthood in the annual budget, further limiting Missourians’ access to birth control, cancer screenings, and STI testing and treatment.* **PENDING**

*As of 6/7

**OKLAHOMA**

**SB 613:** GAC ban for those under 18. **SIGNED INTO LAW**

**SB 408 & HB 1449:** “women’s bill of rights” – establishes narrow definition of “men” and “women” to the exclusion of the trans and non-binary community. **FAILED**

**SB 397:** ban on books in schools and public libraries deemed “inappropriate by community standards.” **PENDING**

**ARKANSAS**

**Act 274:** creates additional civil liability for providers of GAC for patients under the age of 18. **SIGNED INTO LAW**

**Act 702:** amends penalties listed in the “Abortion-inducing Drugs Safety Act” which prevents prescribing of off label drugs such as mifepristone – adding the revocation of a professional license to an already extreme list of consequences. **SIGNED INTO LAW**

**Act 699:** allows municipalities, counties and other subdivisions to adopt resolutions that they have a “pro-life” policy. **PENDING**

Bills passed this session create more intolerance and exclusion, worsen abortion barriers, lower the standard of care, and deepen inequity.

Special thanks to supporters who helped us hold our leaders accountable during the 2023 legislative session.

3 lobby days with 143 participants

1,500 calls & emails to legislators

8,000+ calls to constituents

650 volunteer hours
BUSY & GROWING A HEALTHIER COMMUNITY.

SEX EDUCATION FOR ANY AND ALL

PPGP’s Education & Community Relations work is vital to creating a healthier, more inclusive region for the future. In last year’s report, we described efforts to reimagine our education program following the pandemic. Since then, Education & Community Relations has built traction and seen fast growth!

The department is now four members strong and proudly adds Black Womxn Magic to a deep set of skills and capabilities. This valued perspective helps create a department that prioritizes and celebrates Black womxn’s wellness, while educating toward more equitable health care for BIPOC and LGBTQ+ communities.

“These words from Jeneé Osterheldt inspire me: Making room to be who you are is a life skill. Black girls and women have to learn to combat the narratives assigned to us. Especially for a dark-skinned Black girl. Being yourself, authentically and without apology, is work.”

RACHEL STOUTAMIRE
Education & Community Relations Coordinator

The team recently introduced brand new age and developmentally appropriate sex education curriculum, while exploring new connections, and re-engaging with the communities that are home to our health centers.

To revitalize our program, we first had to get reacquainted with our communities. We started by conducting a community sex education need assessment survey across our four states. Based on these insights, we kicked off a sexual and reproductive health class series with community partners. We also crowd-canvassed, tabled, sponsored several community events, and delivered single-session sex ed presentations at:

- The Arkansas National Social Work Conference
- The Kansas City Library
- Great Circle/KVC Health Systems
- The University of Tulsa
- The University of Arkansas

We offer robust sex ed resources for young people, parents and guardians, educators, and the general public – check out our recently launched website, where you can peruse information, ask an expert, or request a presentation!

BIT.LY/SEXEDPPGP

“The goal of our sex education programming is for every attendee to define what sexual and reproductive health means for them – not based on the values, needs, restrictions of others, but by them for them. As facilitators, we are here to affirm who attendees are and who attendees strive to be. Sex ed, when done inclusively, can be invigorating, affirming, challenging, and a lifelong journey.”

SHAASHAWN DIAL, Ph.D.
Director of Education & Community Relations
CONTINUOUS SUPPORT KEEPS US GOING.

GENEROSITY DURING A CHALLENGING YEAR

After the August victory, the post-Roe landscape in our region became clear, and we knew we had to shift fundraising priorities toward a focus on physical improvements to our centers in Kansas. Bringing back several of our traditional events, which had been postponed due to the pandemic, was one way to reconnect with supporters and discuss the overwhelming need we were beginning to see.

1. Cecile Richards (middle), former Planned Parenthood Federation of America CEO, at Pushing Kansas Forward with honorees Sandy Geduldig (left) and Ann Slegman Isenberg (right), whose brilliant work contributed to the landslide win on August 2.

2. Murry Newbern (left), long-time board member and supporter, with PPGP associate medical director, Lori Williams (right) at our Little Rock Garden Party.


Thank you to all who joined us at Wichita’s Chili for Choice, Columbia’s Chocolate for Choice, and our Garden Party in Little Rock! If you’ve missed out on the action so far, stay tuned for updates on the return of The Event in Kansas City – or other happenings in your area.

Our communities support our mission in many ways. Special thanks to our wonderful volunteers, who in the past year have taken time out of their busy schedules to help ensure a good patient experience.

WICHITA CLINIC ESCORTING: 100+ VOLUNTEER HOURS LOGGED

Patient escorts offered a welcoming reception as the first friendly face many patients saw following long, exhausting drives. Escorts helped patients find parking, confirmed they were in the correct place, verified they were walking in with correct paperwork, and ushered patients to the door.

ABORTION CARE BASKET ASSEMBLY: 400+ BASKETS ASSEMBLED

Volunteers are now devoting efforts to ensuring patients have comforting resources on hand as they complete their medication abortion process or recover from their surgical procedure. Each aftercare kit contains an underpad, coloring pages, advocacy handout, a heating pad, menstrual pads, crayons, snacks, fuzzy socks, tea bags, and a stress ball.

VOLUNTEER TO BECOME A PATIENT ADVOCATE!

Do you feel passionately about reproductive and sexual health care and education? Has Planned Parenthood played an important role in your personal journey? Sharing your story can spread hope, reassurance, courage, and understanding in your community.

SHARE YOUR STORY TODAY!

THE PPGP LEGACY SOCIETY IS OUR OFFICIAL PLANNED GIVING CIRCLE

Estate gifts of any sum are incredibly meaningful, as they allow our affiliate to plan funding for access to family planning and reproductive health care for the next generation. To learn more about PPGP’s giving programs, visit bit.ly/DonatePPGP.
When we compiled last year’s annual report, the August 2 vote in Kansas stood prominently on the horizon. As a Board of Directors and an organization, we knew how we met the challenges of delivering care, education, and advocacy in this imposing climate would have life-altering consequences for patients. We also understood it would define our future role and relevance as the region’s largest safety net provider of sexual and reproductive health care.

As I end my term as Board Chair, I reflect on a year that included both horrific setbacks and a historic win for reproductive rights. We look ahead to a new fiscal year able to proudly say that PPGP and the organization’s advocacy arm, PPGPV, have come to stand for care and common ground across the region.

Within the last year we have expanded into Kansas City, Kansas and southwestern Oklahoma, increasing access to a wide range of reproductive and sexual health care for otherwise underserved communities. We have also embraced technology to reach more patients, especially those facing structural barriers such as a lack of rural providers, and health care inequities that disproportionately impact BIPOC and LGBTQ+ people. This includes legally providing some of our most difficult-to-access care, such as medication abortion and gender-affirming care, via telehealth. It also includes putting more control at patients’ fingertips by vastly upgrading our patient health portal.

While increasing our reach, we are also broadening the types of services we offer. Most notably, we will soon provide vasectomy services. We have long been expert providers of many forms of contraception and birth control, and are now proud to add this vital component of well-rounded family planning.

My thanks to you, our supporters, and our amazing team for making all of this possible!

Sincerely,

JAY BARTH
Philanthropy at PPGP has risen to new heights since Texas S.B. 8. The aggressive six-week ban on abortion prompted outraged citizens to reach deep and extend aid for the Texans being forced to leave their home state for care – and who arrived in overwhelming numbers at PPGP’s neighboring health centers. The ban also inspired a committed, newly structured development team to build strong momentum in response to the widespread and growing threat to reproductive choice.

This public health crisis brought PPGP closer to its most engaged philanthropic leaders and provided an outlet for cultivating new donor relationships. A jump in large grant funding leading up to the Dobbs decision helped increase the average donor gift over the prior year.

Whether donors give $5 or $500,000, our supporters show up consistently, not only to help facilitate care for those who need us most, but also to protect our collective right to bodily autonomy.

Words fall short when describing the immense gratitude we have for the supporters who’ve stepped up time and again to help PPGP meet increasing patient need across our affiliate. We also owe special thanks to those who provided critical support for PPGPV’s advocacy and helped preserve a key point of abortion access in our part of the country.