

CONSENT HOUSE PARTY

Instructions



01

*** Content Warning:** This material includes information about sexual assault and/or violence that may be triggering to survivors.

Thank you for hosting a house party on behalf of Planned Parenthood of the Pacific Southwest. A House Party is a great way to bring together family, friends, neighbors, and coworkers in a comfortable, inclusive, and non-judgmental environment to learn more about sexual and reproductive health as well as the services Planned Parenthood provides.

This house party focuses on the topic of sexual consent. Consent is an agreement to participate in a sexual activity – whether it's kissing, touching, oral sex, vaginal sex, or anal sex. Before doing any of those things, it needs to be totally clear that both people involved want it. We're here to help you explore the topic of consent in an open, non-judgmental setting.

There are 3 goals for the Consent House Party:

- 1) Educate guests about why consent matters and what it looks like.
- 2) Create relationships with new Planned Parenthood supporters and provide tools/resources for guests to [Get Involved](#);
- 3) Encourage guests to make a donation to Planned Parenthood of the Pacific Southwest.

To help you along, we've created this House Party toolkit with resources to make your party a success.

02

How do I do it?

If you haven't already, first fill out this [form](#) to let us know you are interested in hosting a House Party and select the Consent topic of interest.

Get a group of people together and have a party! You'll have fun, raise awareness, AND support Planned Parenthood of the Pacific Southwest.

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03 What does it look like?

Anything you want! Your party can and should reflect your creativity, enthusiasm, and commitment to the work that Planned Parenthood does. It could be a:

- > Potluck
- > Wine and cheese gathering
- > Brunch
- > Girls' night
- > Backyard BBQ
- > Dance party
- > Afternoon tea

It's all up to you. We only ask that you set aside time to share why Planned Parenthood matters to you and encourage your guests to [Get Involved](#).

04 What do I need to do to host a party?

First, pick a place: your house, a restaurant, a park... anywhere! Just make sure there's enough privacy for your guests to ask questions and share their thoughts. Be sure to create a non-judgmental and inclusive setting where people feel comfortable discussing their thoughts and opinions.

Second, pick a date and time and create an invitation list. Consider inviting like-minded friends, both old and new.

Third, ensure that guests come prepared to have an open dialogue surrounding sexual consent including the discussion of sexual boundaries and sexual assault. Prior to the event, provide your guests with the resources to explore this topic by encouraging them to complete the [house party homework](#).

Scheduling and Planning Hints:

- > Send invitations at least 3-4 weeks in advance. It's even better if you also call people to invite them. Consider making a private Facebook Event page; it's an easy way to keep track of RSVPs and send your guests information. Expect to invite three times as many people as you'd like to attend. And even if someone can't come, your contact with them has made a difference!
- > Ask your friends to co-host with you. This is a great way of expanding your network and building excitement for your party.
- > Send a reminder 1 week before the event.

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04 Fun Suggestions for the Party:

- > Share why Planned Parenthood is important to you! Use the provided [Conversation Starters](#) to get people talking and sharing.
- > Reflect on the topic of sexual consent by contemplating the house party homework and exploring the [Consent Opening Questions](#).
- > Share the video [Sex & the Price of Masculinity - A Personal Story about Consent Violation](#) by Jennifer Gunsauillus, PhD, and the Vox article, ["I Thought I Was One of the Good Guys. Then I Read the Aziz Ansari Story."](#)
- > After sharing both the video and article, answer the [Consent Discussion Questions](#) and examine how your views on the topic of consent may have changed.
- > Let your guests know how to connect with Planned Parenthood of the Pacific Southwest on social media:



[@pppswhealth](#)



[@pppswhealth](#)



[@pppswhealth](#)



[@pppswsnaps](#)

- > Ask for donations that benefit Planned Parenthood of the Pacific Southwest and provide your guests with this link: supportplannedparenthood.org
- > Ask guests if they would like to host their own party for Planned Parenthood of the Pacific Southwest or [Get Involved](#).

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05 Sample Invite Language

Dear Friends,

Please join me on **(date)** at **(location)** for a fun, informative evening to support Planned Parenthood of the Pacific Southwest. My goal is to bring people together to have fun, support the mission of Planned Parenthood, and **(ideas below)**.

- Connect with one another on important topics like consent and healthy communication
- Share information about why consent matters and what it looks like
- Increase awareness about the challenges Planned Parenthood faces and raise support and money for Planned Parenthood!

Please RSVP to me at _____ by _____.

I hope to see you there!

(Host name)

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06 Sample Follow-up Message

Dear Friends,

I am so excited that you will be joining me on **(date)** at **(location)** for a fun, informative evening to learn about sexual consent while also supporting Planned Parenthood. Prior to the event, please be sure to do your homework.

- Learn more about consent by visiting this site:
<https://www.plannedparenthood.org/learn/sex-and-relationships/sexual-consent>
- Make sure you are prepared to have an open dialogue surrounding sexual consent, including the discussion of sexual boundaries and sexual assault.

I look forward to seeing you soon!

(Host name)