



Surgical Abortion Information and Instructions

Surgical abortion is provided up to 16 weeks in pregnancy. We offer moderate sedation to make you more relaxed during the procedure. Moderate sedation will not put you to sleep. The medicine is given directly into your vein.

Information regarding your visit:

- Your visit will last between 3-5 hours. During your visit you will receive the following services: a Vaginal Ultrasound, lab work, an education session regarding the procedure, and birth control consultation.
- You may have a light meal prior to your appointment.
- Patients between 14-16 weeks pregnant must have moderate sedation. All other patients have the option to decline sedation. If you think you may want sedation, you must bring a driver. Your driver must check in at the front desk with you.
- If you wish to do so, you may include a support person during the procedure education session.
- Wear loose, comfortable clothing and full back underwear. No thongs.
- Remove all mouth and tongue piercings.
- Remove nail polish and acrylic nail from one finger.
- Do not take any illegal drugs or alcohol 24hrs prior to your visit.
- You may take 800 mg of ibuprofen the night before and again on the morning before your appointment. Do not take any Aspirin 7 days prior to your visit.
- For their comfort and safety children are not allowed in the exam rooms. Please do not bring them to your appointment.
- It is possible you may encounter protestors. You do not have to engage with them or accept their literature. Protestors have a right to demonstrate. They do not have the right to interfere with your access to services. If they block the driveway or you believe they are engaging in illegal activity, please notify the health center staff immediately.

If you are late to the appointment we reserve the right to reschedule. Please give yourself plenty of time to get here. To cancel or reschedule your appointment, please call us at 888-898-3806 or cancel your appointment online at www.ppcentralcoast.org at least 24 hours in advance.

Payment Information:

- Payment is expected at time of service. We accept credit cards as long as the cardholder is present and has a valid photo ID. **We do not accept checks or American Express.**
- Bring a valid photo ID.
- Bring your Medi-Cal, CenCal, Gold Coast, or insurance card.
- We accept most private health plans. If you want to use your insurance and would like assistance attaining information regarding your insurance coverage, please call us at 888-898-3806.
- If you have an HMO plan it will require pre-authorization. Contact your insurance plan to get information.
- If you would like further information regarding pricing or would like to find out if you can get financial assistance, call us at 888-898-3806.