

The Full Mar Monte SUPPORTERS EDITION



LETTER FROM THE CEO

Supreme Court post-Roe deliberations on abortion-access Mifepristone and Idaho abortion law

Hello Friends,

I'm sure you saw in the news recently that the U.S. Supreme Court heard arguments in a case that will decide whether the widely used abortion drug, mifepristone, will still be easily accessible in this country.

As I've said before, the outcome of this case will have a huge impact on what remains of abortion rights in the U.S., since the court overturned *Roe* two years ago. Depending on how the court rules, mifepristone may become very difficult to access even in states where abortion is legal.

Here are a few things to keep in mind as we wait for the court's decision, which will likely be in June:

- **Mifepristone will continue to be available at PPMM health centers and will be available in all states where abortion is legal - at least, until the Supreme Court rules on this case.**
- Mifepristone is one abortion medication in a two-drug regimen. Since it was approved by the FDA 23 years ago, it has had an exemplary safety record.
- Mifepristone is used in at least two thirds of all abortions in the U.S., and it is used even more widely among PPMM patients who obtain abortions.
- The consequences of this case go far beyond abortion care – it could stifle medical innovation, upend the country's drug approval process, and put every approved medication in the political crosshairs.
- The opposition knows they cannot win in the court of public opinion, so they've gone to the courts to try to undermine democratic institutions and restrict reproductive rights.

The good news is that analysis of the questions that Supreme Court justices asked when the case was heard in March suggest that a majority is leaning toward maintaining the current access to mifepristone.

But it's never a good idea to predict how the court will rule. We will have to settle with being cautiously optimistic.

Idaho case: Meanwhile, another abortion-access case is coming before the Supreme Court in April that has major implications for people who urgently need abortions in order to protect their own lives and health.

The case, *Idaho v. United States*, will decide whether the narrow legal provisions for abortion care under Idaho's strict abortion ban conflict with the federal requirements for doctors and clinicians under the Emergency Medical Treatment and Labor Act (EMTALA).

As the Idaho law stands right now, the choice for medical providers who have patients requiring an emergency abortion is to either help the patient and face prosecution under the Idaho law or not help the patient, violating EMTALA, and risk losing their license as well as facing federal sanctions.

This impossible situation is yet another example of the chaos resulting from the court's disastrous 2022 *Dobbs* decision that overturned *Roe*, a brutal attack on reproductive rights and essential health care.

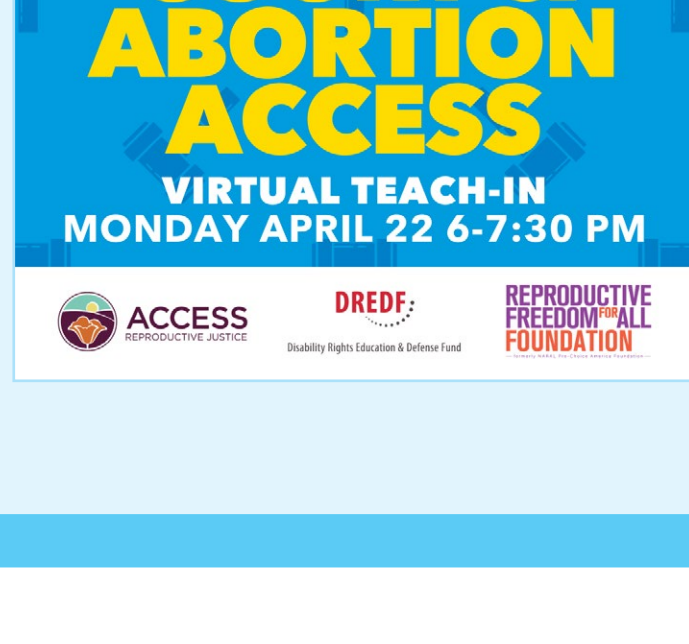
We will keep you posted on this case and other abortion-access cases that are coming to the court.

In times like these, when there is so much on the line, I remain profoundly grateful to be working alongside dedicated and courageous people like you.

With deep gratitude,

Stacy

Virtual teach-in on mifepristone/SCOTUS case



PPMM is partnering with Disability Rights Education & Defense Fund, Access Reproductive Justice, and Reproductive Freedom for All on April 22 to dive into the mifepristone case that was recently heard by the U.S. Supreme Court, with a decision likely due by this June.

The teach-in will include discussion of the case's implications for abortion-access and the future of the fight to reclaim and protect reproductive rights across the country.

Our panel of guests will explore the threat posed by the mifepristone case - including to people in states like California and Nevada, where abortion is legal. We'll also break into brainstorming sessions to strategize about the best ways to resist attacks on abortion-access. We hope you can join this opportunity to learn, connect, and take action together!

[Click here to register for this event!](#)

Nursing student is third PPMM artist in residence Jasmine Yee on the relationship between art and patient-care

It was only four years ago when Jasmine Yee, from San Jose, began drawing while she was a first-year nursing student. Since then, she has mapped an innovative path for how art can enhance the experience of health care providers and patients by focusing on cultural inclusion and social justice.

Now that she's become PPMM's third artist in residence (AiR) and is about to graduate from nursing school, the Full Mar Monte caught up with her to find out more about her approach and her AiR project, which will recruit volunteer participation from PPMM health care staff.

Full Mar Monte: Jasmine, tell us about what motivated you to start drawing.

Jasmine Yee: I only began drawing (digital painting) in 2020. I started it as part of my self-care during nursing school. I see art as a way to cultivate resilience and reflect on the patient-provider relationship to help improve the delivery of health care.

FM: Can you explain a bit more about how you see the kind of art you do as a way to influence patient-care?

Jasmine: Well, as a nursing student, I'm so passionate about trust and empathy between patient and provider. And, so often, vulnerable populations don't feel reflected in the health care system.

I saw my drawings as a way to show the diversity of patients and providers and the power of that. Art has a unique way of showing that we support your identity and understand people's experiences are different in terms of how they see health care and how they want health care.

I also founded an artist-in-residence program at my nursing college in 2022, and we got many more submissions this year than we could accept!

FM: Why did you want to work with PPMM as our next artist in residence?

Jasmine: It's so important to me that reproductive health care is accessible to everyone. In the past, the conversation about reproductive health care did not include BIPOC perspectives.

But, of course, everyone should be involved in the conversation, as Planned Parenthood has and will continue to. I want to support that through my art and as a health care provider.

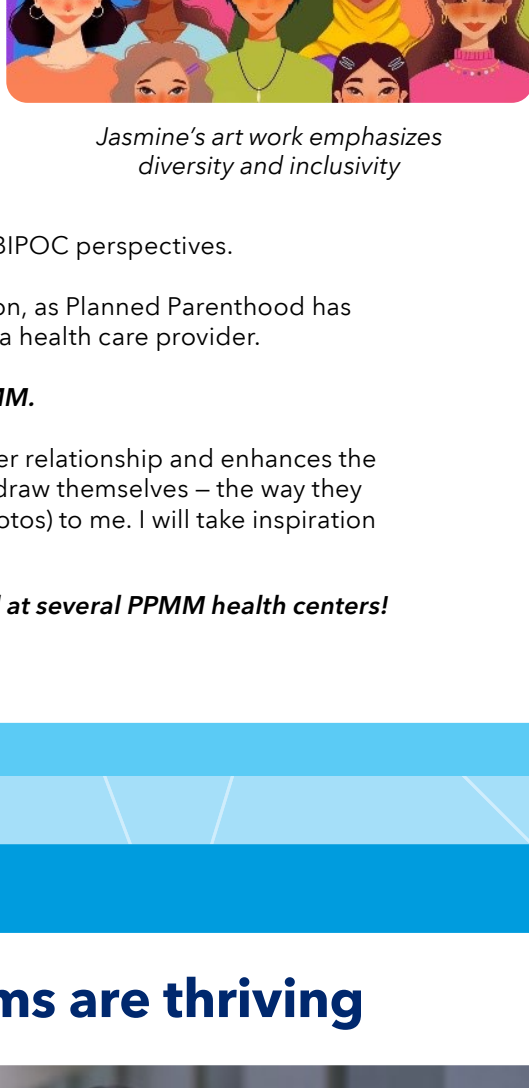
FM: Tell us about your artist-in-residence project with PPMM.

Jasmine: I hope my project fosters trust in the patient-provider relationship and enhances the inclusive healing environment. I want people (PPMM staff) to draw themselves - the way they hoped to be represented - and submit those drawings (or photos) to me. I will take inspiration from these images for the art I create.

FM: We're excited to see your artwork when it is exhibited at several PPMM health centers!



PPMM's spring 2024 artist in residence, Jasmine Yee



Jasmine's art work emphasizes diversity and inclusivity

FROM THE EDUCATION DESK

PPMM Spanish sex ed programs are thriving

Offering sex ed programs in Spanish is a priority for PPMM Education because young people don't make decisions about their sexual health and relationships in a vacuum: They are influenced by their culture, family, and community's traditions or expectations.

With our Spanish sex ed programs and resources, we can better ensure that participants see themselves, whether it's in the curricula, culturally tailored program names, or Digital Learning storylines. For a bilingual young person, offering sex ed in Spanish can also help them connect with their monolingual elders about these topics and have honest conversations, which also reduces stigma about sex ed.

We issued a report two years ago after asking youth and adults from our communities what they wanted from sex ed delivered in Spanish. Respondents highlighted the need to approach sex ed with cultural sensitivity, patience, and respect. They recommended that PPMM frame sex ed as part of general health information, work to build trust with learners, and acknowledge that taboos or stigma may exist around sexuality topics.

"Because our affiliate covers such a vast range of languages, and dialects within those languages, it is especially important that our department takes a collaborative, well-rounded approach to learning content creation, curriculum design, and community engagement," says Digital Learning Designer (Spanish) Rosario R. "A strength of our department is that we have a diverse population of Spanish speakers within the team who reflect some of the same variety that exists among the communities we serve."

PPMM Spanish sex ed programs:

PPMM Sex Ed
The California Healthy Youth Act (CHYA) requires comprehensive sex education once in both middle school and high school for students, including offering sex ed to English Language Learners (ELL). In PPMM's territory, the majority of ELL students' first language is Spanish.

Aligned with nine sets of standards, including CHYA, PPMM Sex Ed is delivered as e-courses, with a classroom guide for in-person activities, centered on an animated series that was co-created by volunteer youth designers (YLED). They include explainer videos and more than 20 quizzes. So far this year, 32 classrooms of middle or high school students are completing PPMM Spanish Sex Ed—with more students enrolling weekly.

¡Con Confianza!
Con Confianza is a sex ed mobile game developed by and for Spanish-speaking youth and caring adults for youth, ages 13-16. Designed by students whose first language was Spanish, the online game ensures that middle and high school ELL students no longer face a language barrier when it comes to accessing engaging, comprehensive sex education.

After conducting rigorous user testing with teens last year, version 1.0 of the game is being updated by Digital Learning for relaunch soon.

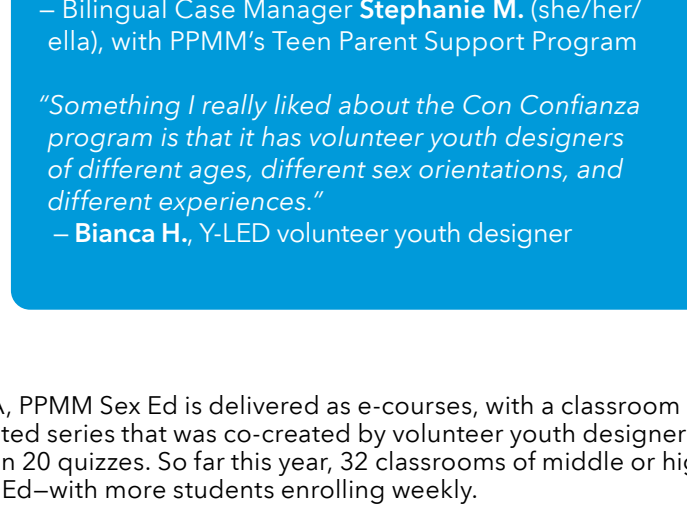
"There are people who are used to talking about these topics with shame, and unfortunately, it's something our culture has taught us. It's something that's very taboo."

"Creating this sex education program in Spanish is about adding elements of Hispanic culture, customs that impact how to talk about these topics."

"Our Spanish e-courses are not simply translated from English sex ed content. We start with creating learner profiles - community input from students, parents, and teachers - and engaging YLED youth designers to guide the learning experiences."

"Then our Digital Learning team creates the e-courses, with thoughtful analysis of terms to ensure linguistic accuracy, cultural relevance, and effectiveness across language and cultural boundaries. I'm so proud of our Spanish design team! They are increasing sex ed to inclusive sex ed every day."

—VP of Learning Courtney M. (she/her/ella), who launched the Spanish sex ed initiative at PPMM



Rosario R. (she/her/ella), Digital Learning Designer-Spanish

"Many Spanish-speaking youth and families were hungry for unbiased, medically accurate information to help young people make healthy and informed decisions about sex and relationships."

— Director of Program Impact Violeta G. (she/her/ella), who led the development of the Con Confianza Spanish-language sex ed game

"Recently we've been getting a lot of immigrants from different countries, such as Colombia, Guatemala, and other parts of Central America. Being born in the U.S., but having immigrant parents, provides me with a reliability factor for our young parents, too."

— Bilingual Case Manager Stephanie M. (she/her/ella), with PPMM's Teen Parent Support Program

"Something I really liked about the Con Confianza program is that it has volunteer youth designers of different ages, different sex orientations, and different experiences."

— Bianca H. YLED volunteer youth designer

Elaces: Connectando Comunidades
PPMM's promotores program is for Spanish-speaking adult volunteers to engage their peers in facilitated group conversations (pláticas) to discuss safer sex, healthy relationships, how to access local sexual and reproductive health care services, and how to confidently answer their children's questions about sex and relationships.

PPMM's program was designed by our staff in partnership with community organizations and former PPMM promotores volunteers from Monterey County, and it will be delivered by other providers, including those who employ Community Health Workers (CHW).

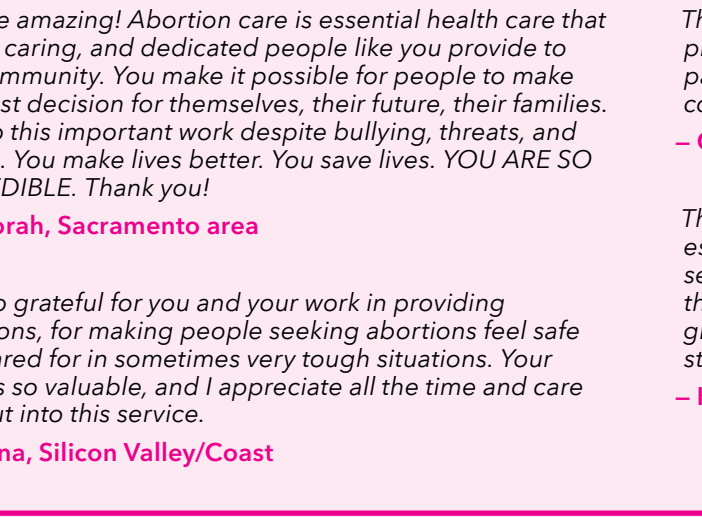
Young Parents
Our Teen Parent Support Program (TPSP), a comprehensive case management program for young parents up to age 21, also is offered in Spanish.

LIFT (Linking Families & Teens)
This year, as part of our Sex Ed Equity Project, PPMM has launched LIFT—a parent/child workshop designed for rural communities in Spanish/English. PPMM staff will facilitate the program this year in Kern, Tulare, and Washoe counties, with our partners training at these events to deliver LIFT on their own next year.

With LIFT, families can learn the same sex ed information—together!

Learn more about our programs here!

And check out the short video about our Spanish-language programs!



Love Notes Thanks from supporters, National Abortion Provider Appreciation Day in March

You are amazing! Abortion care is the highest level of care that you, caring, and dedicated people like you provide to our community. You make it possible for people to make the best decision for themselves, their future, their families. You do this important work despite bullying, threats, and insults. You make lives better. You save lives. YOU ARE SO INCREDIBLE. Thank you!

— Deborah, Sacramento area

I am so grateful for you and your work in providing abortions, for making people seeking abortions feel safe and cared for in sometimes very tough situations. Your work is so valuable, and I appreciate all the time and care you put into this service.

— Katrina, Silicon Valley/Coast

Thank you to the helpful, kind and generous abortion providers that have helped me and thousands of other patients. I truly don't know where I would be without your compassion and selfless work.

— Cristina, Sacramento area

Thank you for providing abortion services as part of your essential health care. Your bravery in continuing these services in the face of irrational hostility, and even the threat of death, is greatly appreciated. I will always be grateful that women, girls, and people with uteruses can still benefit from such medical care.

— Kyra, Silicon Valley

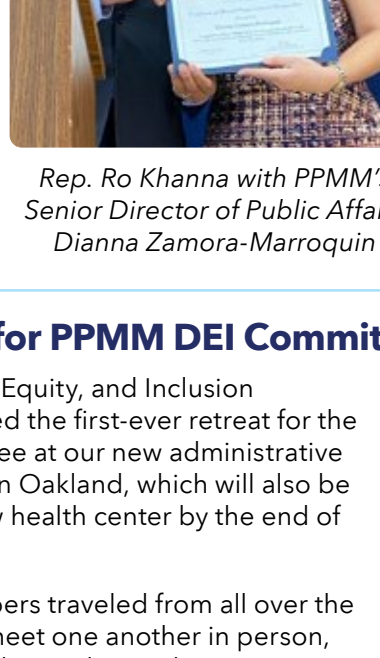
Milestones & Events

A Public Affairs leader named Woman of the Year by CA Congressman

For the first time ever, Rep. Ro Khanna honored one of the constituents in his Silicon Valley district with a Woman of the Year award - and it went to PPMM's own Senior Director of Public Affairs Dianna Zamora-Marroquin.

Rep. Khanna honored Dianna for her dedication to serving birthing people across Santa Clara County and advocating for protection and expansion of reproductive rights.

Big congrats, Dianna!



Rep. Ro Khanna with PPMM's Senior Director of Public Affairs Dianna Zamora-Marroquin



DEI Committee members in Oakland

First retreat for PPMM DEI Committee

PPMM's Diversity, Equity, and Inclusion Department hosted the first-ever retreat for the staff DEI Committee at our new administrative office in downtown Oakland, which will also be the site of our new health center by the end of this year.

Committee members traveled from all over the PPMM region to meet one another in person, for the first time. They welcomed incoming committee members via Zoom and had a special fireside chat with guest speaker, DEI & Talent Acquisition expert Tara Turk-Haynes. The committee left feeling excited to continue their work on expanding DEI education within PPMM.

The Big Picture

PPMM Faith Leaders Network speaks out for health care-access

The Public Affairs team has assembled an impressive group of faith leaders from many denominations across our service region to speak publicly about the importance of protecting reproductive rights and the right of everyone to receive essential health care.

Members of the Faith Leaders Network (FLN) are powerful messengers because of the unique, trusted role they play in the community.

Our Public Affairs team works to partner closely with FLN members as they educate their congregations about safeguarding reproductive freedom and inspire them to play an active role - especially since the Supreme Court's 2022 *Dobbs* decision opened the flood gates for many states to eliminate abortion rights.

In Silicon Valley: PPMM and the Peninsula Solidarity Cohort, a diverse coalition of local faith leaders, collaborated to educate and inform other interfaith leaders in San Mateo County about threats to reproductive freedom, even in states like California where abortion is legal.

They openly and compassionately discussed abortion-access, stigma, and attacks on reproductive rights in California.

"We have to be loud and bold, visible and powerfully acting and speaking in the public sphere so we can be available to the people who need us and our moral voices are part of the narrative," said FLN member, Rev. Tovis Page of the Unitarian Universalists of San Mateo. "In order to do that, we need each other. We need spaces like this and partnerships like the ones we're building today."

The gathering included a discussion about local resources and advocacy opportunities in the coming weeks and months.

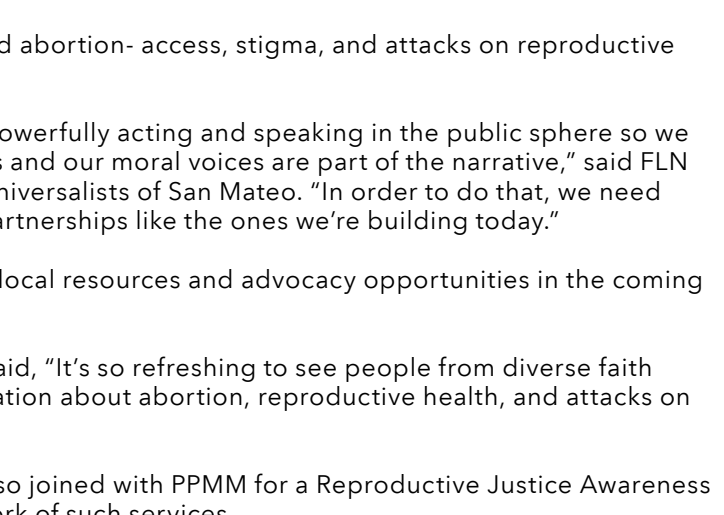
PPMM Grassroots Organizer Elizabeth M. said, "It's so refreshing to see people from diverse faith backgrounds having a transparent conversation about abortion, reproductive health, and attacks on the trans community."

In the East Bay: Temple Sinai in Oakland also joined with PPMM for a Reproductive Justice Awareness Shabbat service, as part of a national network of such services.

The service addressed challenges people are facing to access reproductive health care, and it shared ways the faith community could support PPMM efforts throughout the state.

In the Central Valley: Faith Leaders have been speaking out against book bans and giving public testimony at meetings of the county board of supervisors. They have also supported PPMM by participating in LGBTQ+ town hall meetings and providing space for our Fresno LGBTQ+ Advocacy Committee meetings.

These are the kind of innovative partnerships that promote PPMM's mission, serving our patients and communities!



Public Affairs Director Candelaria Vargas, Greater Sacramento Area/San Joaquin County, with donated maxipads from Congregation Beth Shalom in Carmichael

Good Reads

April 3, Washington Post
Donald Trump has no idea what to do on abortion

April 3, East Bay Times
Buffer zones outside a Walnut Creek Planned Parenthood haven't quelled disruptive protest. Will a noise ban help?

March 26, AP
Supreme Court could leave current abortion medication rules in place

Support your local Planned Parenthood today! **DONATE** >