

SPRING
2014

CHOICE Remarks

IMPORTANT DATES & EVENTS

April 12, 2014
How Sweet It Is
(Volunteer Reception)
Albany, NY

April 23 2014
PPYL Wine Tasting
Lucas Confectionery
Troy, NY

May 7, 2014
Let's Talk About Sex
Spectrum Theatre
Albany, NY

For more information
about upcoming events,
please visit
www.uhpp.org

Get Yourself Tested!

April marks the fifth annual Get Yourself Tested (GYT) campaign, a partnership between Planned Parenthood, MTV, the Kaiser Family Foundation, and the Centers for Disease Control and Prevention (CDC). "GYT encourages young people to get talking, get tested, and protect their health," said UHPP Director of Education Meaghan Carroll.



GYT is more important than ever. According to 2013 CDC data:

- The U.S. has an estimated 20 million new sexually transmitted infections (STIs) per year, more than the CDC's previous annual estimate of 19 million;
- There are more than 110 million total STIs in the U.S. population; and
- While youth ages 15-24 represent just 25% of the sexually active population, they account for half of the nation's newly-diagnosed STIs.

As part of National Teen Pregnancy Prevention Month, UHPP is hosting a film screening and discussion on Wednesday, May 7 at 7 p.m. at Albany's Spectrum Theatre. **Let's Talk About Sex** takes a revealing look at how American attitudes toward adolescent sexuality affect today's teens. Parents, students, and supporters are invited, with a suggested donation of \$10 per person. Please also consider donating to sustain UHPP's essential services, including parent/teen communication about sex and sexuality, at uhpp.org.

Tickets to **Let's Talk about Sex** are available online; \$10 suggested donation per person: <http://letstalksexwithUHPP.eventbrite.com>

Sharing Resources

Thousands of women, men and young people rely on Upper Hudson Planned Parenthood for professional, confidential and compassionate care, no matter what. In a complex and constantly changing health care environment, providing high quality care is increasing costly and challenging. That's why UHPP has worked with our southern neighbor, Planned Parenthood Mid-Hudson Valley, to develop key partnerships in health center and administrative roles. Our shared staff includes health center operations; information technology; purchasing, facilities and security; marketing; and human resources. We're confident that this collaboration will result in an enhanced patient experience and a stronger bottom line.

To learn more about UHPP visit: www.uhpp.org

UHPP Celebrates National Condom Week!

On Valentine's Day weekend, four groups of UHPP volunteers participated in "pub crawl" style events to celebrate National Condom Week. The volunteers distributed 2,000 condoms in Albany, Hudson and Troy. They also gave out safer sex kits, Mardi Gras condom beads and temporary tattoos at 20 bars and clubs. Patrons enjoyed playing a trivia game about sexuality and sexual health and testing their ability to correctly put on a condom.



UHPP's Condom Week media partner JAMZ 96.3 FM promoted the events through ads and a live interview. Facebook ads, features on UHPP's website and social media channels also drew attention to the events. "Our volunteers worked hard to engage and educate the community during this fun outreach event," said Katherine S. Bruno, UHPP's Director of Marketing and Social Media.

To make a donation to support critical events like this:
www.plannedparenthood.org/uhpp/donate

New Troy Teen Clinic!

In January, UHPP's Education team launched a new Teen Clinic in the Troy health center. Each Tuesday from 3 to 5 p.m., Education staff opens the Troy Teen Space to provide snacks, information, and support to anyone ages 21 or younger.

"We help patients complete paperwork and learn more about services, birth control options and condoms. In addition to snacks, we provide bus passes to patients who need help getting to and from appointments," said UHPP Director of Education Meaghan Carroll.



For more information visit: www.plannedparenthood.org/uhpp/teens-3333.htm

Day of Action!

In January, nearly 500 advocates from throughout New York State, including more than 50 UHPP supporters, gathered at the Capitol for an annual reproductive health advocacy day. During Family Planning Advocates of New York State's Day of Action, advocates urged lawmakers to reverse family planning services funding cuts and to pass Governor Cuomo's 10-part Women's Equality Act (WEA) this session.

WEA includes the crucial reproductive health care provision, which guarantees a woman can make her own personal, private health care decisions, especially when her health is endangered. As they did last year, members of the NYS Assembly passed WEA in its entirety.



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