

Gender Affirming Care Services

Resources for Gender Affirming Care

This Resource List is for informational purpose only, not advice or guarantee of outcome and is provided to assist patients in finding additional care. We welcome feedback on this guide and hope that as you come across providers who are friendly and accessible that you will share that information with us so we can add it to this community guide. This is a dynamic document, always being amended and changed. Please also let us know if you find out of date information so that we can correct it as needed.

Contact GAC Support Team – **GAC Support Line:** 215-351-5561 / **Email:** gac@ppsp.org

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Gender Affirming Care Services

KEY: MA = Medical Assistance; Private = Private Insurance; Self Pay = Out-of-Pocket; Sliding Scale = Reduced fee based on income

Healthcare Providers (Primary Care, GA Hormone Therapy (GAHT), GYN, and more)				
Jefferson Health LGBTQ+ Health Program	Philadelphia	1-800-533-3669	Most insurances	jeffersonhealth.org/clinical-specialties/lgbtq-health-program
Einstein PRIDE Program Patient Navigator	Philadelphia, Mont County	215-420-0989 lgbtq-pride@jefferson.edu	MA, Private	einstein.edu/pride-program
Dr. Patamaporn Lekprasert Einstein Healthcare Network	Philadelphia, Elkins Park	215-572-5200 484-622-6800	MA, Private	Endocrinologist, GAHT
Dr. Hussein Safa Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Primary care, GAHT In-person, telehealth
Dr. Raymond Cattaneo Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Primary care for youth/teens, puberty blockers, GAHT
Dr. Selina Davis Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	OB/GYN
Dr. Kate Stamper Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	OB/GYN
Dr. Sara Pentlicky Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	OB/GYN
Kara Pravdo, CRNP Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	OB/GYN
Dr. Sabura Shiffrin Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Pelvic floor therapy
Dr. Ann Nwabuebo Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Pelvic floor therapy
Dr. Teresa Gero Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Orthopedic and chronic pain physical therapy
Danielle Monica Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Orthopedic physical therapy
Penn Medicine Transgender Patient Advocate	Philadelphia	215-573-8499 LGBThlth@med.upenn.edu		Penn Medicine LGBTQ Health Program
Dr. Kevin Kline Penn Medicine	Philadelphia	215-662-8777	MA, Private	Primary care
Dr. Peter Vasquez Penn Medicine	Philadelphia Radnor	1-800-789-7366	MA, Private	GYN, reproductive health, GAHT, and more Spanish speaker
Dr. Caroline Cox Penn Medicine	Philadelphia Cherry Hill, NJ	1-800-789-7366	MA, Private	Urogynecology
Dr. Rahaf Sultan Penn Medicine	Philadelphia	215-662-9905	MA, Private	Endocrinologist, GAHT
Temple LGBTQ Health	Philadelphia	templehealth.org/services/lgbtq-health	MA, Private	Primary, preventive, specialty care, GAHT
Dr. Jennifer Aldrich Temple Health	Philadelphia	800-TEMPLE-MED	MA, Private	Primary care

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Kelly Lattanzi, CRNP Temple Health	Philadelphia	800-TEMPLE-MED	MA, Private	Primary care
Dr. Isabel Eisner Temple Health	Philadelphia	800-TEMPLE-MED	MA, Private	OBYGN, GAC
Dr. Melanie Santiago Roxborough Hospital	Philadelphia	215-487-1887	Private	Primary care
Mazzoni Center	Philadelphia	215-563-0658	MA, Private	mazzonicenter.org/health-care Adolescent Drop-In: Wednesdays from 5-7PM, for youth ages 14-24
Philadelphia FIGHT	Philadelphia	fight.org/make-an-appointment/	MA, Private, Sliding Scale	Primary care, HIV care, dental
Jonathan Bell Center Philadelphia FIGHT	Philadelphia	267-725-0252	MA, Private, Sliding Scale	Walk-ins and same day appointments available based on need and availability
The Y-HEP Health Center Philadelphia FIGHT	Philadelphia	215-344-1632	MA, Private, Sliding Scale	Youth 13-24
Main Line Health Comprehensive Gender Care Program	Media Bryn Mawr Paoli Wynnewood Malvern Media Glen Mills King of Prussia Exton Broomall	Nurse Navigator: 484-337-5329	MA, Private	mainlinehealth.org/specialties/comprehensive-gender-care-program/gender-care-services
Mosaic Medical	Sharon Hill, PA	215-341-7421	Most insurance accepted	mosaicmedicalcenter.org
Dr. Christine Meyer & Associates	Exton, PA	610-363-0100	Self-pay	christinemeyermd.com
Reading Hospital Gender-Affirming Clinic Dr. Kathryn Ashley Brandt	Reading, PA	484-628-9797	MA, Private	Routine health screenings, GAHT, GYN, postoperative care after GA bottom surgeries, fertility services, preconceptual counseling, prenatal care
Novus ACS	Bethlehem Stroudsburg Doylestown Lehighton	610-867-5365 570-599-8699 267-454-7086 610-379-4006	MA, Private	novusacs.com
Alder Health Services	Harrisburg / Lancaster	717-233-7190		alderhealth.org Primary care, GAHT, GYN, sexual health, behavioral health
FOLX	Online	folxhealth.com	Membership Fee, some Private	Primary care, preventative care, GAHT, sexual and reproductive health care
Plume	Online	getplume.co	Membership Fee	GAHT
WPATH Provider Directory	Online	wpath.org/provider/search	n/a	Search for trans-competent healthcare providers

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Mental Health Therapy				
Mazzoni Center	Philadelphia	215-563-0652, ext. 248	Private, MA, Sliding scale	Therapy and recovery, individual and group
Einstein's PRIDE Program	Philadelphia	215-420-0989	Private, MA, Sliding scale	Outpatient therapy, psychiatric care, med management
Walnut Psychotherapy	Philadelphia	215-563-7863 walnutpsychotherapycenter.com	Private, Out of Network MA, Sliding scale	Individual, family, and couples therapy
Kindred Therapy LLC	Philadelphia	856-553-8400 kindredtherapyllc.com	Private, Out of Network, Sliding scale	Individual and couples therapy. Focus on queer, gender expansive, neurodivergent, and QTBIPOC folks.
The Attic Youth Center	Philadelphia	215-545-4331 atticyouthcenter.org	Free	LGBTQ+ youth (13-23); individual and groups
The Therapy Center of Philadelphia	Philadelphia	215-567-1111 therapycenterofphila.org	Sliding scale	Individual & group therapy
LifeStance Health	Philadelphia, Montgomery, & Bucks County	267-507-1310 lifestance.com	Self-pay, Private, some EAPs	Outpatient therapy, psychiatric care, med management; nutritional counseling, professional coaching, and professional organizing
Philadelphia FIGHT – Diana Baldwin Mental Health Clinic	Philadelphia	215-525-8657	Sliding scale, Private, MA	Individual therapy, HIV and trauma informed therapy, support groups for people living with HIV, referral coordination
Mango Tree Counseling	Philadelphia	855-495-1113 info@magotreecc.com magotreecc.com	Sliding scale, Private	Asian/Asian American mental health professionals
Council for Relationships	Philadelphia	215-382-6680 councilforrelationships.org	Sliding scale	Therapy & Psychiatry
COMHAR PACTS Program	Philadelphia	215-569-8414 comhar.org	Private, MA	LGBTQI outpatient behavioral health
Philly Couples & Sex Therapy	Philadelphia	phillycouplesandsextherapy.com info@phillycouplesandsextherapy.com	Self-pay	Individual therapy, sex therapy, couples therapy
Sanare Today	Philadelphia	610-344-9600	Private, Self-pay with payment plans available	Intensive Outpatient Program (IOP)
Thriveworks	Philadelphia	215-798-5367	Private, MA (limited)	Individual and relationship therapy, psychiatry
National Queer and Trans Therapist of Color Network	National	nqttcn.com/directory		
Mosaic Medical	Sharon Hill	215-341-7421	Most insurance accepted	mosaicmedicalcenter.org/
Michele Angello, PhD	Wayne	610-917-8561 dr_angello@yahoo.com	Sliding scale	micheleangello.com

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CW Psychological Services	King of Prussia	610-308-7575 info@cwpsychologicalservices.com	Private, MA	cwpsychologicalservices.com/
Arrive Therapy	Paoli	484-615-3155 info@arrivetherapy.com	Self-pay	arrivetherapy.com/
Bucks LGBTQ Center	Newtown	267-753-3005	Self-pay	Individual and group therapy
Sanctuary Counseling	Douglasville Collegeville	610-385-3155	Sliding scale	Individual & group therapy Specializes: LGBTQ, transitioning
Springfield Psychological	Exton Havertown King of Prussia North Wales Philadelphia Wyomissing Springfield Trevose West Chester NJ, DE	610-364-5156	Private, Medicare	Individual and group therapy, psychiatry, assessment
Main Line Health Comprehensive Gender Care Program	Media Bryn Mawr Paoli Wynnewood Malvern Media Glen Mills King of Prussia Exton Broomall	Nurse Navigator: 484-337-5329	MA, Private	mainlinehealth.org/specialties/comprehensive-gender-care-program/gender-care-services
The Light Program	Havertown	610-644-6464	Private	Intensive Outpatient Program (IOP) and psychiatric care
SAGA Therapy Collective	Montgomery & Bucks County	267-638-6763	Sliding scale	Individual therapy, group therapy
Open Path Collective	National	openpathcollective.org	Sliding scale	In-office and online individual, couples, and family therapy

Psychiatry

Mazzoni Center	Philadelphia	215-563-0652, ext. 248	Private, Medicaid, some Medicare, Ryan White, Sliding scale	Individual & group therapy
Einstein's PRIDE Program	Philadelphia	215-420-0989	Private, Medicaid, some Medicare, Sliding scale	Outpatient therapy, psychiatric care, med management
LifeStance Health	Philadelphia, Montgomery, & Bucks County	267-507-1310	Private, some EAPs, self-pay	Outpatient therapy, psychiatric care, medication management; nutritional counseling, professional coaching, professional organizing

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Council for Relationships	Philadelphia	215-382-6680	Sliding scale	Therapy & Psychiatry
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Support Groups & Resource Hubs

Galaei QTBIPOC Radical Social Justice	Philadelphia	215-398-5003 info@galaei.org galaeiqtbipoc.org	Free programing related to Queer education and community wellness. Includes drop-in hours, resource connection, virtual groups, yoga, self-defense classes, drag, movie nights, gaming, free COVID-19 and HIV rapid take home tests, and more.
Colours Organization	Philadelphia	215-832-0100 coloursorganization.org	Support and resources for LGBTQ+ communities of color
Mazzoni Center – LGBTQ+ Affirming Resource Guide 2023	Philadelphia	LGBTQ+ Affirming Resource Guide 2023	LGBTQ+ friendly resources in the Philadelphia area.
Mazzoni – Evolutions	Philadelphia	215-563-0652, ext 568 Facilitator: Kai Thigpen at kthigpen@mazzonicenter.org	Virtual drop-in for all along the transgender spectrum or questioning gender identity. Check website for details.
Mazzoni – All Recovery Meeting	Philadelphia	Mazzoni Activities & Groups	Drop-in support group for LGBTQ persons who are considering recovery from addiction, or at any stage in their recovery journey. Check website for details.
Temple Gender-Affirming Resource Library	Philadelphia	Temple Gender-Affirming Resource Library	Resources related to gender affirming care
William Way – Arcila- Adams Trans Resource Center	Philadelphia	215-732-2220 trc@waygay.org	LGBTQ Community Center, support groups, resources, peer counseling
William Way – Trans Programs	Philadelphia	215-732-2220 waygay.org/trans Events Calendar	Weekly in-person and virtual drop-in social groups for trans and non-conforming people.
WOAR	Philadelphia	215-985-3333	LGBTQ+ survivors closed group
PFLAG (peer-to-peer support)	Philadelphia, Media, Pottstown, West Chester	215-572-1833 pflag.org	Education programming and support groups for transgender and LGBTQ families and individuals
Attic Youth Center: Young, Trans and Unified	Philadelphia	215-545-4331 atticyouthcenter.org	Youth meet together during support groups to discuss their experiences and provide advice, feedback, and support to one another.
TPAC at JFK Behavioral Health Center	Philadelphia	215-988-9970 ask for Roberta MacClean	Support group (Transformation Group) every Tuesday from 3-5pm.
Bebashi	Philadelphia	215-769-3561	Resources & support for Black LGBTQ people. Trans Necessities Closet The Healing Place support group
Prevention Meets Fashion	Philadelphia	<a href="mailto:noutland@preventionmeet
sfashion.org">noutland@preventionmeet sfashion.org	Support groups (virtual & in-person) and programming
Women in Transition	Philadelphia	215-751-1111 witservices@helpwomen.org helpwomen.org	Support for people of <u>any gender</u> experiencing domestic violence. Telephone and crisis counseling, peer support groups, individual empowerment counseling, client advocacy and referrals,

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			community education, and self-defense classes.
Arrive Therapy	Paoli / Virtual	484-615-3155 arrivetherapy.com/trans-support-groups	Adult and teen support groups, telehealth/Zoom and in-person options. \$35/group
Planned Parenthood, Space to be Open Proud & Together (SPOT)	West Chester	215-686-2798 spot@ppsp.org @spotpride	14-20 yo, support & education
Prysm Youth Center of Delaware County (14-20 yo)	904 Chester Pike Sharon Hill	info.prysmyouthcenter@gmail.com	Wednesday from 6:30-8:30pm
Renaissance Transgender Association	Wayne	610-636-1990 renaissancelv.org	Education programs, support groups, resources
Main Line Youth Alliance (under 21)	Wayne	610-525-7570 myaonline.org	Group for 14-22 yo, Fridays 7-9:30 pm
SAGA Community Center	Montgomery & Bucks County	267-638-6763 sagahatboro.com	An interfaith and no-faith place for all sexualities, genders, and sexes. A program of The Welcome Project . Monthly support groups and programming.
LGBT Equality Alliance	Chester County	lgbtea.org	LGBT Equality Alliance Monthly meetings for LGBTQ+ community and family
Bradbury-Sullivan LGBT Community Center	Allentown	610-432-5449	bradbrysullivancenter.org/events
LGBT Center of Greater Reading	Reading	610-864-5800	Support groups , advocacy, resources
Trans Central PA	Central PA	Trans Central PA	Trans-friendly business and resources in Pennsylvania, national organizations, and news.
Fireweed Collective	Virtual	fireweedcollective.org/support-groups/	Support groups, webinars, resources
TrevorSpace	Virtual	TrevorSpace	An affirming international community for LGBTQ young people ages 13-24.
Trevor Support Center	Virtual	thetrevorproject.org/resources/trevor-support-center/	A place where LGBTQ youth and their allies can find answers to FAQs and explore resources related to sexual orientation, gender identity, and more.
Q Chat Space	Virtual	qchatspace.org/Upcoming-Groups	Live online discussion groups for LGBTQ+ teens 13-19.
Love is Respect	Virtual	1-866-331-9474 Text: LOVEIS to 22522 loveisrespect.org	Support and resources regarding healthy relationships.
Trans Lifeline – Resources	National	translifeline.org/resources	Resources for trans and gender diverse people on a variety of topics.
FORGE	Virtual	forge-forward.org/resources/	Resources and support for trans and non-binary individuals, survivors of violence, family and friends.
Gender Spectrum	Virtual	genderspectrum.org/articles/gender-spectrum-groups	Groups for pre-teens, teens, parents, caregivers, and other family members/adults.
Live Out Loud	Virtual	liveoutloud.org	Educational environments for LGBTQ+ youth

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Mental Health & Safety Hotlines

Trans Lifeline	National	877-565-8860 translifeline.org	Available in the U.S. and Canada that is staffed by trans-identified people. The hotline is open 24/7 and operators are guaranteed to be on call between 10:00am-4:00am.
The Trevor Project	National	Lifeline: 1-866-488-7386 Text: text START to 678678 Chat: thetrevorproject.org/get-help-now/	Talk, text, or chat to trained counselors for support 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk.
Philadelphia Suicide and Crisis Hotline (Office of Mental Health)	Philadelphia	For yourself: 215-686-4420 For a family member, relative, or friend: 215-685-6440 For children: 215-685-6440	24/7 suicide and crisis prevention hotline for Philadelphia. Can connect callers with closest Crisis Response Center. HealthyMindsPhilly.org
Valley Creek Crisis Center	Chester County	Peer Support Warmline : 1-866-846-2722 Local : 610-280-3270	chimes.org/about/chimes-family/holcomb-behavioral-health-systems/chester-county-crisis-services/
National Suicide Prevention Lifeline (English & Spanish)	National	Dial 988	24/7 free and confidential support for people in distress and prevention and crisis resources for you or your loved ones in English (suicidepreventionlifeline.org/) and Spanish (suicidepreventionlifeline.org/help-yourself/en-espanol/)
Call Blackline	National	1-800-604-5841	Non-judgemental, affirming and supportive, listener-witnessing and information gathering about experiences of abuse, physical and disrespectful police or vigilante behavior, or attacks. callblackline.com/

Surgery

NOTES: Surgeries listed may not be exhaustive. Inquire directly for full list of surgeries offered.

Patients should research surgical outcomes and patient reviews to determine best fit.

Contact GAC Support Team if seeking additional surgeons due to location or specialty.

Dr. Jared Liebman Einstein Hospital	Philadelphia, Elkins Park, PA	215-420-0989	PA Medicaid, Private	Chest
Dr. Ivona Percec Penn Medicine	Philadelphia, PA	610-902-1828	PA Medicaid, Private	Chest
Dr. Joshua Fosnot Penn Medicine	Philadelphia, PA	610-902-1828	PA Medicaid, Private	Chest, body contouring
Dr. Peter Vasquez Penn Medicine	Philadelphia Radnor	1-800-789-7366	MA, Private	Hysterectomy
Temple Health GA Surgery	Philadelphia, PA	GA Program Manager: 215-707-8427 dexter.rose@tuhs.temple.edu	PA Medicaid, Medicare, Private	templehealth.org/services/transgender-non-binary-gender-diverse-affirming-healthcare/surgeries-procedures

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Dr. Laura M. Douglass Temple Health	Philadelphia, PA	800-TEMPLE-MED	PA Medicaid, Medicare, Private	Penile inversion vaginoplasty, GA vulvoplasty, orchiectomy, GA urology
Dr. Alireza Hamidian Temple Health	Philadelphia, PA	800-TEMPLE-MED	PA Medicaid, Medicare, Private	Chest (masc + fem); bottom (masc + fem), FFS
Dr. Isabel Eisner	Philadelphia, PA	800-TEMPLE-MED	PA Medicaid, Medicare, Private	Hysterectomy
Dr. Julia Spears Metropolitan Plastic Surgery	Philadelphia, PA Cherry Hill, NJ	215-910-4820	PA Medicaid, Private	Chest
Dr. Jeanne Llenado Jefferson Health	Philadelphia, PA	215-503-3300	PA Medicaid, Private	Orchiectomy
Dr. Scott Richard Jefferson Health	Philadelphia, PA Phoenixville, PA	215-955-6200	PA Medicaid, Private	Hysterectomy
Dr. Jesse Taylor Hospital of U Penn Penn Medicine	Philadelphia, PA	215-662-2011 215-622-7300	PA Medicaid, Private	FFS, facial contouring
Main Line Health Gender Affirming Surgery	mainlinehealth.org /locations	Nurse Navigator: 484-337-5329	MA, Private	mainlinehealth.org/specialties/gender-affirming-surgery
Dr. Kathrine Rose Main Line Health	mainlinehealth.org /locations	Nurse Navigator: 484-337-5329	MA, Private	Chest, FFS, vaginoplasty
Dr. Kathryn Ashley Brandt Reading Hospital	Reading, PA (Philadelphia coming soon)	484-628-9797 ashley.brandt@towerhealth.org	MA, Private	Chest, orchiectomy, vaginoplasty, hysterectomy, metoidioplasty
Dr. Christine McGinn The Papillon Center	New Hope, PA	215-693-1199	Self-Pay	Chest, genital, FFS, tracheal shave. Also offers electrolysis, hormone therapy, counseling services, voice therapy, fertility services, and nutrition services.
Dr. Bryan Cicuto UPMC Pinnacle	Lititz, PA	717-625-3509	Private	Chest
Dr. Samina Wahhab	Allentown, PA	610-770-7676	Private	Chest
NYU Langone Health	New York, NY	212-263-3030 nyulangone.org	Insurance, Billing, & Financial Assistance Info	Facial (masc + fem), chest/torso (masc + fem), orchiectomy, hysterectomy, genital (masc + fem)
Mount Sinai	New York, NY	212-604-1730 www.mountsinai.org	Insurance & Payment Info	FFS, chest (masc + fem), orchiectomy, hysterectomy, genital (masc + fem), voice
Dr. Praful Ramineni West End Plastic Surgery	Washington, DC	202-785-4187	Private, Self- Pay	Chest, FFS, body contouring, genital
TopSurgery.net	website	topsurgery.net		Information and resources on masc top surgery
MTFsurgery.net	website	mtfsurgery.net		Information and resources on fem surgeries

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The GALAP Directory	National	thegalap.org/directory	Free	The Gender Affirming Letter Access Project – Locate mental health providers in your state who have taken a pledge to provide accessible surgery letters.
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Dermatology & Hair Removal

Glen Crawford, MD	Philadelphia	215-898-8965	MA, Private
The Institute Cosmetic Injections, Laser, & Aesthetic Medicine	Doylestown	215-230-1804	Self-pay
Spring House Med Spa	Spring House	215-301-1974 shmedspa@ymail.com	Self-pay
Christine McGinn, DO	New Hope	215-693-1199	Self-pay
Allentown Women's Center	Bethlehem	484-821-0821	Self-pay
Trans-cend Electrolysis	Philadelphia	267-225-7275	Self-pay
Department of Dermatology at UPenn	Philadelphia	1-800-789-PENN (7366)	Self-pay
Metro Laser	Philadelphia Exton	215-735-2737 484-875-9800	Self-pay
Main Line Health	mainlinehealth.org/locations	Nurse Navigator: 484-337-5329	MA, Private

Fertility

Family Equality	Trans Family Building: familyequality.org/family-building/trans-family-building/		Educational resources related to fertility questions, concerns, and decision making for trans and non-binary people.	
Penn Fertility Clinic	Philadelphia, Wayne	800-789-7366	Self-pay	Sperm and egg freezing/storage
Jefferson University RMA	Philadelphia, King of Prussia, Langhorn, Willow Grove, & Mechanicsburg	855-762-4672		Sperm, egg, and embryo freezing/storage
Refuge Midwifery	Home visits	267-797-2190	Self-pay	Office at Inner Rhythms, Phil
Deanna Brasile, DO	Bryn Mawr	610-993-8200	Private, Self-pay	
Jacqueline Gutmann, MD	King of Prussia, Phila	215-9221556	Private, Self-pay	Infertility & Reproductive Endocrinology
Fairfax Cryobank	Philadelphia	Direct: 215-386-1977 Toll free: 800-338-3407		Sperm, egg, and embryo freezing and storage

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Shady Grove Fertility	Several locations in PA, Maryland, Virginia, & Washington, D. C.	1-888-761-1967		Sperm and egg freezing/storage
Fertility Testing Laboratory & Sperm Bank	Philadelphia	215-922-3150		Sperm banking and storage
Maybe Baby at Therapy Center of Philadelphia	Philadelphia	215-567-1111 x 422	No fee	Support group for prospective parents
Legacy	National	givelegacy.com/	Some private out-of-state, self-pay	Mail service, sperm testing and freezing
FOLX	National	folxhealth.com/fertility	Membership fee	Evaluation, consultation, support
Philly Family Pride	Philadelphia	philadelphiafamilypride.org	Events & support for LGBTQ parents, prospective parents and kids.	
Refuge Midwifery	Philadelphia, S. NJ, S.E. PA	refugemidwifery.com	Philadelphia based midwifery practice	

Voice Training

Temple University Speech-Language-Hearing Center	Philadelphia	Lisa Melvin 215-204-4482	Free Clinic
Alyssa Giegerich Einstein Hospital	Philadelphia, Elkins Park	215-420-0989	MA, Private
West Chester University Speech and Hearing Clinic: "Your Voice Matters"	West Chester	610-436-3402 Jacki Johnson at jjohnson@wcupa.edu	Free Clinic
Rene Blaker	Doylestown	215-345-8682	Self-pay
Jessica Schwartz Resonate Voice & Speech Services LLC	Teletherapy	267-414-4930 resonatevoiceandspeech.com	Private insurance, Medicare, Self-pay
Main Line Health	mainlinehealth.org/locations	Nurse Navigator: 484-337-5329	MA, Private
Christella VoiceUp	Mobile App	Feminizing voice modification	Free + in-app purchases
Voice Pitch Analyzer	Mobile App	Track voice changes (does not provide voice modifications)	Free + in-app purchases
GenderLife	genderlife.com	Feminizing vocal resources	Free + paid features
Your Lessons Now	yourlessonsnow.com/trans-voice-training	Vocal training (feminizing and masculinizing)	Free resources + paid training
Prismatic Speech Services	prismaticspeech.com/services/tvt	Vocal training (feminizing and masculinizing)	Free resources + paid features

Gender Affirming Care Services

Legal & Advocacy		
National Center for Transgender Equality	transequality.org ID Documents Center	Information and resources on trans rights and making legal changes. (Able to look up info by state.)
Trans LifeLine – ID Change Library	translifeline.org/resource/id-change-library/	Advocacy Library includes a database on how to make changes to legal documents based on your location and microgrants for financial assistance.
Trans Central PA – PA Name Change	transcentralpa.org/resources_Penn_Name_Change.cfm	Information on the name change process in PA.
TLDEF – Name Change Project	transgenderlegal.org/our-work/name-change-project/	Transgender Legal Defense & Education Fund provides pro bono legal name change services to low-income trans, gender non-conforming, and non-binary people.
Temple Name Change Project	facebook.com/templelawnamechange Contact us for referral (phone and email on first page)	Temple law student volunteers provide pro bono legal name change services to low-income trans, gender non-conforming, and non-binary people in Philadelphia.
Mazzoni Center Legal Services	215-563-0657 legalservices@mazzonicenter.org	1-866-LGBT-LAW (1-866-542-8529) mazzonicenter.org/supportive-services/legal-services
Eastern PA Trans Equity Project	484-602-5918 patransequity.org	Name change information, assistance, documents, and financial assistance
Philadelphia Legal Assistance	General Intake Hotline: 215-981-3800	philalegal.org/
Pennsylvania Legal Aid Network	palegalaid.net/legal-aid-providers-in-pa	Legal aid program search tool
Philadelphia Bully Hotline	215-400-7233 philasd.org/bullying	LGBTQI violence, harassment, and discrimination hotline for events occurring in the school system.
Legal Zoom	legalzoom.com/personal/marriage-and-divorce/name-change-overview.html	Legal name change service. Pricing starts at \$139

Housing			
LGBTQ Home for Hope	Philadelphia	215-867-8885	Shelter for LGBTQ community lgbtqhomeforhope.wordpress.com/contact/
Project H.O.M.E.	Philadelphia	215-232-7272 projecthome.org	Programs for permanent subsidized housing, education and employment, and healthcare services
Project H.O.M.E. – Homeless Outreach Hotline	Philadelphia	215-232-1984	24/7 access to homeless services.

Gender Affirming Care Services

Morris Home	Philadelphia	215-729-3045	Drug & alcohol rehab for transgender individuals rhd.org/morrihome/
Pride, Valley Youth House	Philadelphia	215-925-3180	For youth experiencing homelessness or housing insecurity who identify as LGBTQ. 18-23 yo valleyyouthhouse.org/programs/lgbtq-services/pride/
The Ark of Safety	Philadelphia	215-315-9056 arkofsafetyweb@gmail.com	Emergency shelter, rapid housing, and necessities arkofsafetyhaven.org/
Queer Philly Housing	Philadelphia	Facebook Group	facebook.com/groups/qphillyhousing/
Achieving Independence Center / Valley Youth House	Warminster & Bethlehem	215-574-9194	14-21 yo valleyyouthhouse.org/programs/life-skills-development/achieving-independence-center-aic/
Covenant House Hotline	National hotline	1-800-388-3888 info@covenanthouse.org	24/7 national hotline for homeless and runaway youth and families – provides crisis counseling and referrals. covenanthouse.org/homeless-charity/contact-us
PA 211 Housing & Shelter	PA	Dial 211 / Text Zip to 898-211	pa211.org/get-help/housing-shelter/

Financial & Insurance

NCTE Health Coverage Guide	transequality.org/health-coverage-guide	Getting your health care covered: A guide for transgender people
TLDEF Trans Health Insurance Tutorial	transhealthproject.org/	Learn how insurance works and how to get GA health care coverage. Understanding Your Plan
HealthCare.gov Transgender Health Care	healthcare.gov/transgender-health-care/	Considerations for trans and gender diverse people accessing insurance through the Health Insurance Marketplace.
Pennsylvania Insurance Department	insurance.pa.gov/Coverage/Pages/Health-Insurance.aspx	Information on how to get health insurance in PA
Pennsylvania Medicaid	compass.state.pa.us/dhs.pa.gov/	COMPASS - Pennsylvania Medicaid eligibility and application DHS HealthChoices Plan Selection – Medical assistance options
GoodRx	goodrx.com	Find coupons for discounts on paying for medication out of pocket
NeedyMeds	needymeds.org	Prescription Assistance Program Trans/Gender Non-Confirming Assistance Programs
Trans Lifeline – Microgrants	translifeline.org/microgrants	Financial assistance for making changes to legal documents and for supplies for those who are incarcerated

Gender Affirming Care Services

Point of Pride – Trans Surgery Fund	pointofpride.org/annual-transgender-surgery-fund	Annual scholarship program for gender affirming surgeries
The Jim Collins Foundation	jimcollinsfoundation.org/apply	Grants for financial assistance for gender affirming surgeries
Dr. Rizi Nasele Bamaïyi's Trans Surgery Grant	rizitimane.com/trans-surgery-scholarship-application/	Annual grant for financial assistance for gender affirming surgeries
Gender Bands	www.genderbands.org/grants	Annual grant for financial assistance for gender affirming surgeries
Trans Youth Resilience Fund	fight.org/programs/trans-youth-resilience-fund/	Philadelphia FIGHT provides direct financial assistance for trans and non-binary youth (≤ 25 yo)
Trans Needle Exchange	transneedles.org/	Free mail-in GAHT needle supplies
PA Public Utility Commission – Utility Assistance Programs	puc.pa.gov/about-the-puc/consumer-education/utility-assistance-programs/	If you live in a low-income household or are undergoing a hardship, you may qualify for support in paying utility bills.
NCTE Know Your Rights – Employment	transequality.org/know-your-rights/employment-general	Information about your legal rights at work.
TransWork	transwork.org/	Connecting trans and non-binary job seekers and entrepreneurs to a network of supportive employers and business partners.
HRC – Transitioning in the Workplace	hrc.org/resources/transitioning-in-the-workplace-a-guide-for-trans-employees	Human Rights Campaign “Transitioning in the Workplace: A Guide for Trans Employees”
University of Pennsylvania – Career Services	Blog Post	“Practical Advice for Transgender and Nonbinary Folks Navigating the Job Search” (11/20/2020)

Family/Ally Education & Support

Trans Lifeline – Glossary	translifeline.org/resources/?_to_pics=glossary	Glossary of terms and definitions
Life Out Loud	Resources for Parents	Resources and support for family members and others looking to support a trans loved one.
Gender Spectrum – Understanding Gender	genderspectrum.org/articles/understanding-gender	Understanding how gender understandings and experiences evolve.
TransHub – Information for Allies	transhub.org.au/allies/	Informational support for allies of trans people, including specifically for family/caregivers.

Gender Affirming Care Services

Gender Expression & Attire		
Bebashi Transition to Hope Trans Necessities Closet	bebashi.org/lgbtqai-services/	Obtain clothing, wigs, prosthetic breasts, binders and other necessities.
Prevention Meets Fashion	preventionmeetsfashion.org/resources	Affirming fashion stores and thrift/consignment stores.
Chest Binding 101	transguys.com/features/chest-binding	How to chest bind safely
How to Tuck & Tape	wikihow.com/Tuck-and-Tape	How to tuck and untuck safely
Autostraddle: So, You're a Trans Woman Looking for a Bra	autostraddle.com/so-youre-a-trans-woman-looking-for-a-bra-226325/	Guidance on picking out and finding bras
Strands for Trans	strandsfortrans.com/	Registry of Trans-Friendly Barbershops & Hair Salons
Underworks	underworks.com/extreme-series-compression	Compression clothing
TomboyX	tomboyx.com/	Affirming clothing
Spectrum Outfitters	spectrumoutfitters.us/	Binders, boxers, packers, accessories, swim shorts
Beefcake Swimwear	beefcakeswimwear.com/	Affirming swimwear
Origami Customs	origamicustoms.com/	Custom clothing by and for trans people
L.L.Bean swimwear	llbean.com/	Femme swimwear with fuller coverage options
Tomboy Toes	tomboytoes.com/	Masculine dress shoes in a range of sizes