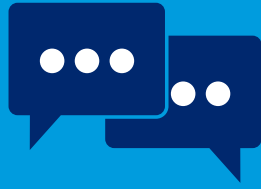


EQUAL VOICES EDUCATION



**Inclusive Sexual Health Education
for Youth with Adaptive Needs**

**Six 1-hour modules that can be
presented as a series or
scheduled individually.**

**Available as live, virtual or
pre-recorded sessions.**

MODULES



**Healthy
Relationships**

1

Develop an understanding of the importance of consent, boundaries, and how to identify unhealthy relationships. Youth will be able to recognize abuse and know who to contact for help.



**Puberty and
Anatomy**

2

Increase knowledge of the changes that happen to the body during puberty, the importance of maintaining proper hygiene, and appropriate behavior in public and private places.



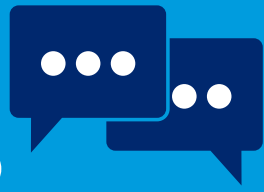
**Pregnancy
and Birth
Control**

3

Learn about how pregnancy happens and how birth control can help protect against pregnancy. Increase knowledge on birth control methods, their effectiveness, and the importance of using them accurately and consistently.

For more information or to
schedule, please contact:
Education@pposbc.org

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MODULES

4



**Sexually
Transmitted
Infections**

Review the most common STIs, including HIV/AIDS. Learn how STIs are transmitted, how they can be prevented, and how a person can access STI testing, if or when they need it.

5



**Gender &
Sexuality**

Develop a basic understanding of gender identity, sexual orientation, biological sex, gender expression, and the influence that society has on gender roles.

6



**Online
Safety &
Safer Social
Media**

Discuss tips for how to be safe when online, including what is okay and not okay to share online. Review what cyberbullying is and what someone can do if they are experiencing it.

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