

### **You have the right to access sexual and reproductive healthcare.**

If you are at least 13 years old:

- Though we encourage you to involve your parent/guardian if possible, you may attend an appointment alone, if desired.
- You can receive any form of birth control you need, emergency contraception (EC) and pregnancy testing.
- You can get tested and treated for sexually transmitted infections (STIs), including HIV.
- You can receive gender-affirming hormone therapy. The state of Arizona does not allow PPAZ to provide gender-affirming care to patients under 18, but if you have supportive guardians, you can make an appointment with [El Rio Health](#) located in Tucson or [Phoenix Children's Gender Support Program](#).
- Talk with your provider to discuss ways to protect your privacy from bills or letters about your visit being sent to your house if using your parents' insurance.
- Visit [SexFYI.org](#) to find a clinic where the appointment cost will be based on your self-verified income.
- Call 855-207-7526 or visit [PPAZ.org](#) to make an appointment at your closest Planned Parenthood clinic.

### **Emergency Contraception (EC) Remains Legal.**

- Effective up to 5 days after unprotected sex, but most effective if taken as soon as possible.
- Available over-the-counter without a prescription.
- Copper and hormonal IUDs are both effective as EC up to 5 days after unprotected sex, but insertion requires an office visit. Same day appointments are available. Call or walk-in to our health centers.

### **Abortion**

It is legal to have an abortion in Arizona when provided by licensed physicians, with the following restrictions:

- Abortion is not permitted beyond 15 weeks of pregnancy.
- Abortion is not permitted for reasons of fetal race, sex, or genetic abnormality.
- If you are under 18 years old, a parent or legal guardian must give you permission to have an abortion. If getting the permission of a parent or guardian is not an option for you, you can seek a judicial bypass (JB) by calling the JB Helpline at 844-868-2812 or visiting [ReproLegalHelpline.org/contact-the-helpline](#).

**No matter your ethnicity, relationship status, sexual orientation, religion, immigration status, or gender identity, you, as our patient, are our priority.**

### **WATCH OUT!**

Be aware of fake clinics, also known as crisis pregnancy centers (CPCs). They're run by people who are anti-abortion and their goal is to shame, scare, or pressure you into carrying a pregnancy to term.

### **ExposeFakeClinics.org**

Learn more at [ExposeFakeClinics.com](#) where they share ways you can help end CPCs' deception.

### **AbortionFinder.org**

[AbortionFinder.org](#) will connect you with real trustworthy abortion providers.



**SCAN ME**

If you need any support in navigating the next steps, including payment options, our Patient Navigator, Kischea Talbert is here to help, no matter what.

Monday-Friday, 8:00AM-5:30PM.

**480.848.8530**  
**[patientnavigator@ppaz.org](mailto:patientnavigator@ppaz.org)**