



# APRIL 2023 CONNECTIONS

Welcome to the Planned Parenthood of Greater Texas monthly newsletter. As a member of our community, we would like to share the latest updates on the work at Planned Parenthood. We have also included important action alerts and upcoming events.

## A NEWS CONNECTION: C.A.R.E. NO MATTER WHAT ACT

Planned Parenthood is advocating for the healthcare of our patients by supporting The Comprehensive Access to Reproductive Health Entities, or C.A.R.E. No Matter What Act (SB 1314).

The C.A.R.E. No Matter What Act is a critical step towards restoring patient access to care and rebuilding the reproductive healthcare safety net in Texas. It would enable Planned Parenthood and other trusted family planning providers eligible to participate in federal healthcare programs to restore access to essential reproductive healthcare services for patients in Texas.

"Texans have lost access to critical life-saving care after Planned Parenthood was excluded from federal Medicaid and other essential family planning programs, and that number will continue to grow if Gov. Abbott has his way."

- Wendy Davis, Planned Parenthood Texas Votes

## TAKE CONTROL WITH BIRTH CONTROL

Birth control services offer more than contraception. Thanks to community support, our doors are open to everyone who needs expert care, and our clinicians are here to help patients find the best method for their health and life. From emergency contraception to managing acne and menstrual pain to treating health conditions



like polycystic ovarian syndrome (PCOS) and endometriosis, contraception is an essential healthcare resource. The Planned Parenthood Direct app ensures access to birth control is quick and simple. No appointment. No hassle. Our patients can order emergency contraception, birth control pills, the patch, or the ring delivered directly to their home or nearby pharmacy. Access to healthcare strengthens our communities!

## **EDUCATION: TACT TRYOUTS ARE OPEN**

Do you know a Dallas teen who would like to try out to be part of a community of peer educators? TeenAge Communication Theatre (TACT) is a group of high school students from Dallas and surrounding areas who write and perform skits in-person and virtually about issues important to teens. Troupe members learn and share information about peer pressure, dating violence, healthy relationships, and more.

To sign up for auditions, please email TACT@ppgt.org or call/text us at (214) 536-5673. Sign up to audition by Wednesday, April 26th.



#### PLANNED PARENTHOOD LOBBY DAY

The 2023 Texas Legislative Session is underway, and Planned Parenthood Lobby Day is Friday, April 14. Join us and help turn the Capitol pink by advocating to expand access to sexual and reproductive healthcare, restore abortion rights, and oppose bills that further restrict access to abortion, birth control, reproductive healthcare, and sex education, stigmatize LGBTQ youth and fail to address Texas' maternal mortality crisis.

Join us for Planned Parenthood Lobby Day on April 14 at the Texas Capitol!



## **Endometriosis Awareness**

Endometriosis is a condition where tissue that normally lines the inside of the uterus grows outside of the uterus and can cause discomfort and pain. Donor support enables Planned Parenthood patients to access affordable birth control options to manage endometriosis.

**29,788** - In 2022, Planned Parenthood of Greater Texas prescribed 29,788 packs of birth control pills, enabling patients to take power over their reproductive health.



Endometriosis affects about 1 in 10 poeple of reproductive age and is the leading cause of infertility.



Endometriosis can be treated with hormonal birth control.

## Our most common services provided are:



Birth control to help patients plan and space their pregnancies or manage endometriosis and other conditions.



Testing and treatment for STIs, HIV tests, and HIV prevention medication.



Lifesaving breast and cervical cancer screenings.

## EAST TEXAS GIVING DAY

With your support, Planned Parenthood of Greater Texas has been providing healthcare in East Texas since 1992. Join us to celebrate East Texas Giving Day on April 25th through a virtual fundraiser. Early giving begins on April 3rd.



## AN EVENING WITH PLANNED PARENTHOOD FORT WORTH

Join us for our signature Fort Worth event! The evening's highlights include mission-focused inspiration and a special keynote by award-winning journalist Soledad O'Brien. Proceeds benefit the mission of Planned Parenthood of Greater Texas.



## **WAYS TO GIVE**

Let us continue supporting high-quality healthcare services and sex education programs for generations to come. Contact Shawn Wills, Chief Development Officer, at (214) 363-3505 or shawn.wills@ppgt.org to learn how a legacy gift to Planned Parenthood can ensure commitment to high-quality care for all continues.

## With your gift to Planned Parenthood, our community benefits from:

- Access to birth control, now more important than ever
- Preventive care and education through wellness exams
- Honest, inclusive sex education





