

Insider News



Part of the COVID-19 Solution

As part of our continued commitment to meet the health care needs of our communities, we began offering the Johnson & Johnson COVID-19 vaccine at our White Plains and Smithtown health centers on March 31. The response was overwhelming and our appointments quickly filled up.

We administered more than 400 doses of the vaccine to both new and existing patients. One of our patients, perhaps the oldest patient ever at PPHP, was a 97-year-old woman accompanied by her family members. Grateful patients said this was a "shot of hope," the "shot of freedom," and that the process was "seamless."

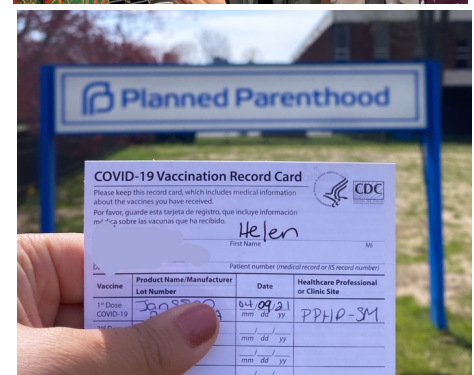
This program has been an agency-wide effort involving Patient Services, Education & Training, and Public Affairs team members. Everyone is excited

to be part of the solution to this public health crisis.

We followed the FDA and CDC guidelines and paused distribution of the Johnson & Johnson vaccine. We are now administering the Moderna vaccine each week.

We know getting people vaccinated is a large piece to solving this public health crisis. This summer, we will be organizing activists to engage in Healthy Neighborhood Canvases to educate people in the community about the importance of getting vaccinated. This is part of a larger effort lead by Planned Parenthood Federation of America happening across the country.

Our commitment to your health and safety is stronger than ever as we combat this pandemic, together.



PPHP team members administered COVID-19 vaccines to grateful patients. If you or anyone you know would like the COVID-19 vaccine, call us at 800-230-7526.



Message from the President

Dear Friends,

I hope this message finds you well given that we are still dealing with the COVID-19 pandemic. I believe the worst is behind us as more people are getting vaccinated and we are returning to activities and seeing family members and friends again.

Towards the end of last year we created a Diversity, Equity, and Inclusion (DEI) committee whose goal is to promote an equitable and inclusive work environment for all to flourish and show up to work as the best versions of themselves. One goal for PPHP this year is for all team members to complete the Mind Sciences training created by the Perception Institute to address racial implicit bias. Several team members have completed training and will begin training other staff this summer.

Thank you for continuing to support PPHP and our health care services, education programs, and advocacy efforts. Your commitment to our work is greatly appreciated by our patients, program participants, and team members. Please stay safe and continue to follow the guidance of the CDC as it relates to COVID-19.

In this together,

Vincent Russell
President & CEO



Increasing and Improving Access to Care

New Rochelle Health Center

Our new New Rochelle health center opened on March 30 and we began seeing patients in the custom-built, state-of-the-art facility. The health center is now located at 150 Lockwood Avenue, Suite LL-1, about one mile from our previous location.

The new health center is nearly 5,200 square feet and has been built to best meet the needs of our patients and team members. It has six exams rooms and a larger waiting room to make patients more comfortable. The feedback from patients has been overwhelmingly positive.

We have been providing sexual and reproductive health care in New Rochelle since the 1930s and this new health center will ensure we are able to continue providing the high-quality care the community has come to expect from PPHP.

Rapid Initiation of Anti-Retroviral Therapy (RIA)

PPHP began offering RIA at the end of last year. This immediate

connection to initial anti-retroviral therapy for our patients who have a reactive HIV test is integral to their overall compliance. Studies have shown this approach results in improved long-term compliance with treatment and care.

PPHP now offers PrEP and PEP for HIV prevention, HIV testing and education, and RIA for patients who have a positive HIV test. We are proud to be offering this range of HIV care to our patients.

Telehealth Care

As the COVID-19 pandemic continues to impact our area, we are proud to continue offering our Telehealth program for our patients who are unable to come to one of our 10 health centers. Through Telehealth, patients can obtain birth control, emergency contraception, HIV testing, counseling, and prevention medications, sexually transmitted infection testing and treatment, abortion care, and gynecological care from their homes or other location.



Educating Young People and Parents About Sex

As you know, Planned Parenthood is the nation's largest provider of sex education. What you may not know is that PPHP offers sex education for young people and parents.

As the COVID-19 pandemic continues to impact our area, our Education & Training team members continue offering sex education programs in a virtual format. Through partnerships with local schools and community organizations, we provide information on safer sex, contraception, consent, healthy relationships, HIV and sexually transmitted infections, sex and technology, and more.

In the first quarter of this year, we facilitated 242 education sessions, reaching 1,138 youth participants, 15 of these programs were offered in Spanish and reached 115 participants.

In addition to programs for young people, we also offer programs for parents and adults who work with youth to help them talk with their children about sex. Topics in these sessions include consent, contraception, healthy relationships, and how to have "the talk." These programs were offered in English and Spanish as well and reached dozens

of parents who are now more comfortable talking with their children about sex.

In addition to sex education programs for youth and parents, our Teen Information and Peer Services (TIPS) program remains very active despite COVID-19. In addition to their regular meetings and activities, several TIPsters also participated in two lobby days with New York State Senate and Assembly members to advocate for comprehensive sex education for all New York students. The students who participated commented that it was the highlight of the program to date.

Advocacy in Action

On Tuesday, March 9 we hosted our annual Day of Action, but instead of traveling to Albany, participants attended meetings with state legislators from their homes. We had more than 100 activists register to attend meetings with 26 New York State Senators and Assembly members to discuss important issues related to reproductive health care.

Part of our legislative priorities this year include:

- funding for reproductive health care and New York State's Family Planning Grant
- ensuring all students have comprehensive sex education
- extending Medicaid coverage for one year after giving birth

Funding for reproductive health care was secured for this fiscal year. Our work on advocating for comprehensive sex education continued on Thursday, April 22

with our Youth Lobby Day. Young people from our TIPS program and high school advocacy program virtually joined with other young people from across the state to speak to New York State elected officials about the importance of comprehensive sex education for all New York students.

Thank you to everyone who participated in our lobby days. If you would like to get involved with our advocacy efforts, please email us at publicaffairs@pphp.org or visit www.pphp.org. You can also follow us on Facebook, Instagram and Twitter but the most up-to-date information.



Story Corner

A PPHP Patient Advocate shared their story:

“I came out two days before Christmas 2016. I have had a lot of trouble finding reliable and affordable transition services.

In summer of 2019 I started going to Planned Parenthood Hudson Peconic and ever since starting my hormone replacement therapy, my confidence and motivation have gone through the roof. I have changed fundamentally as a person and I could not be happier.”

Volunteers through our Health Center Advocacy Program collect stories from people in our health centers. This helps us show the impact of our work. If you would like to volunteer for this program, please contact our Human Resources Department at (914) 467-7325.



Planned Parenthood Hudson Peconic
Administrative Headquarters
570 Taxter Road, Suite 250
Elmsford, NY 10523
www.pphp.org

Non-Profit Org.
U.S. Postage
PAID
White Plains, NY



For more information about PPHP services and programs, please visit www.pphp.org.

Health Center Locations: Huntington, Mt. Vernon, New Rochelle, Patchogue, Riverhead, Smithtown, Spring Valley, West Islip, White Plains, Yonkers

Suffolk Supports PPHP Wednesday, June 23, 2021

You're invited to our Suffolk Supports PPHP virtual event on Wednesday, June 23 from 6:30 - 7:30 p.m. This year we are honoring Dorothy Lichtenstein with the Planned Parenthood Hudson Peconic Impact Award, and Dr. Harvard Lyman with the Planned Parenthood Hudson Peconic Legacy Award.

PIX 11's Emmy Award-winning newscaster Kirstin Cole is joining us again to emcee the evening and DJ Twilo will provide musical entertainment. The evening will conclude with a panel discussion from PPHP team members.

Sponsorship packages, journal advertisements, and tickets are on sale now at www.pphp.org/SuffolkSupports2021. This is going to be a great evening you won't want to miss.



Continue Your Support

A monthly gift to PPHP ensures continued care for patients in your local communities. Consider joining our Monthly Giving Program today.

Committed to safeguarding the future of reproductive health care? Consider leaving a legacy gift to PPHP.

Please contact the Development Department at Development@pphp.org for more information. Donate today! Visit www.pphp.org/donate today.